



Children's Division

The Children's Division in the Kentucky Ballet Theatre Academy is developed for children ages 2-7. We make dance fun while learning. The curriculum was created to encourage age appropriate creativity, musicality, and physicality. Classes meet one day per week.

- **Mommy & Me**

One day per week – 30 min / \$96 per eight-week session

This class is specially designed for children ages 2-3 who are not yet comfortable being in a class alone, or who are not yet toilet trained. We use movement exercises, games, and other activities to introduce these youngest students to the joy of creative movement in a fun, family friendly musical setting. Emphasis is placed on both fine and gross motor skill development, coordination and balance. This 30-minute class meets on Saturday mornings. Students may be moved to the Creative Movement level at any time during the year.

- **Creative Movement**

One day per week – 45 min / \$125 per eight-week session

This class is designed for children 3-5 who are toilet trained and ready for group classes. This 45-minute class meets one day, mid-week or on Saturday mornings. Children will begin to learn the elements of creative movement and ballet: Socialization skills such as turn-taking and following instructions will be emphasized. The dancers are encouraged to expand their movement vocabulary through games and creative exploration of dance movements. Self-esteem and confidence is developed while dancers are having fun. Performance opportunities are available.

- **Pre-Ballet 1**

One day per week – 1 hour / \$310 per sixteen-week semester

This level is designed for children ages 5-6. This 1-hour class meets Monday afternoons or on Saturday mornings. This class is perfect for the young beginner and continues the teaching of previous classes. Additional ballet terms, posture, stretches, and barre work are introduced as well as specific focus on class etiquette and respect. Multiple performance opportunities are available.

- **Pre-Ballet 2**

One day per week – 1 ½ hour / \$365 per sixteen-week semester

This level is designed for children ages 6-7. In addition to the 1-hour ballet class, students take a 30-minute strengthening/stretching class. Classes meet Monday afternoons or on Saturday mornings. This class is perfect for the young beginner and continues the teaching of previous



classes. Additional ballet terms, posture, stretches, and barre work are introduced as well as specific focus on class etiquette and respect. Multiple performance opportunities are available.

Academy Division

The Kentucky Ballet Theatre Academy division is designed for students wanting to pursue Classical Ballet training. Our curriculum allows boys and girls to gain confidence in their dancing with the support of caring and nurturing faculty. Students work on strength, balance, flexibility while studying the principles of ballet. Training develops a strong foundation of physical and mental understanding necessary for Classical Ballet training. Multiple performance opportunities are available.

Beginning Program

- **Level A**

Prerequisite: Completed Pre-Ballet 2, age 7+, or by placement

One day per week -- 2 hours / \$415 per semester

This level is perfect for the beginner and continues the teaching of previous classes. The goal of level A is to impart the fundamentals of classical ballet. Class will focus on basic ballet technique, proper body alignment, French terminology and musicality. Our curriculum focuses on posture, placement and comportment of classical ballet. Dancers at this level are learning more about proper alignment, flexibility, and coordination. Elementary barre and center work are taught at this level. With this level, students are given the option to add intro to jazz.

- **Level B**

Prerequisite: Completed Beginning A, age 8+ or by placement

Two days per week -- 3 hours / \$540 per semester

This level is great for the beginner but also builds on level A. The dancer takes two ballet classes and one strengthening class weekly. Dancers at this level focus on the elements of ballet movement, posture, weight transfer, large and small poses as well as allegro. Dancers begin turns and establish the base of ballet for future dance classes. This class will focus on positions of the arms, directions of the body and increased movement vocabulary. With this level, students are given the option to add beginning jazz or tap.

- **Level C**

Prerequisite: Completed Beginning B, age 9+ or by placement

Two days per week -- 5 hours / \$720 per semester

Dancers learn self-confidence, coordination, balance, and form. The classes progress with quarter and demi-pointe as well as linking moves together with repetitions. The class covers many basic steps with an increased pace. Students will see an increase in difficulty in barre and centre work. Students begin to focus on repetition and retention. Pirouettes are introduced and a Petite Allegro class is added in preparation for female pointe work and for men's jumps and turns. Evaluations are done for progression into the intermediate Classical or Pre-professional track. With this level, students are given the option to add jazz and/or tap.

Intermediate Program: Classical Track

- **Level A**

Prerequisite: Completed Beginning C, age 9+ or by placement

Two days per week -- 6 hours / \$820 per semester

Dancers take five classes per week and can expect to spend two years in this level. Dancers gain confidence as their ability grows. Students continue to develop extension of the legs, strength of the feet as well as more advanced barre and center work. Clean and strong execution of the basic elements of dance, correct alignment for turnout and pulling up as well as strong basis for future pointe work is emphasized. Depending on individual progression and development, female students may be given the opportunity to take pre-pointe and pointe classes. Students begin taking an elective class that introduces them to character, flamenco and classical variations. In addition, students can add jazz and/or tap classes.

- **Level B**

Prerequisite: Completed Intermediate A, or by placement

Three days per week -- 7 ½ hours / \$900 per semester

Dancers take six classes per week and can expect to spend two years in this level. Classes focus on pointe work, pirouettes, use of the head and upper body, fluidity of port de bras as well as the intricacies of small and large jumps. In addition to Ballet and Pointe, students take strengthening and may be introduced to pas de deux and can take an elective class of modern/choreography or character/variations. With this level, students can also add jazz and/or tap. Students continue to focus on clean and strong technique as well as timing for the exercises. Students at this level can choose to take fewer classes yet still have performance opportunities.

- **Level C (pre-advance)**

Prerequisite: Completed Intermediate B, or by placement

Three to Four days per week – 9-10 hours / \$975 per semester

Training at this level is more rigorous and is designed to prepare students for the advance level. Classes will focus on pointe work, multiple pirouettes, fluidity of movement as well as the intricacies of small and large jumps. Students strong en pointe take a pas de deux class. This level meets three days a week with the option of four. In addition to Ballet and Pointe, Intermediate C students take an elective as well as a weekly strengthening class. Students can choose to take fewer classes yet still have performance opportunities.

Advance Program: Classical Track

- **Level D**

Prerequisite: Completed Intermediate C, or by placement

Four days per week – 9 ½-11 ½ hours / \$1250 per semester

Level D classes are designed for the student who has a strong mastery of pointe work and a desire to pursue ballet. This level pays attention to fine details, use of the upper body, breadth of movement and expression as well as an increasingly advanced repertory of steps. Increase stamina & control, speed & precision, and clean & strong technique is focused on. This level meets four days a week



with the option of five. In addition to Ballet, Level D students take one to two electives as well as pas de deux and strengthening. Advance students may have the opportunity to dance corps de ballet roles with the KBT professional company.

ACADEMY DIVISION: Pre-Professional Track

Students invited into the Pre-Professional Program at The Kentucky Ballet Theatre Academy aspire to a high standard of excellence and professionalism. The goal is to inspire a passion for dance and encourage students to realize their individual potential through the attention offered by our faculty of professional dancers and directors. Students' dance education in this program includes technique class, pointe work, variations, pas de deux, repertoire, and performance opportunities with the Kentucky Ballet Theatre Company, as well as an annual performance* showcasing what they learn throughout the year. Expectations in technique and artistry are clearly communicated to students and regular assessments guide each student's progress. The Pre-Professional Program is for students with a serious interest in, and a commitment to, a career in ballet or who intend on majoring in ballet at the University level. The Pre-professional track is by invitation or approval by the academy director only. Students must be enrolled full time and are required to participate in the annual dance medicine evaluations by Wellington Dance Medicine.

**Please note, participation in Spring EYP is required by all Pre-Professional students.*

Intermediate Program

- **Level One**

Prerequisite: Completed Beginning C level, age 9+, or by invitation

Three days a week – 7 ½ hours / \$900 per semester

Level One students are expected to attend ballet class a total of three times a week. The ladies will be placed in a pointe class and the young men will take a petite allegro class. Level One students will also learn and perform classical ballet repertoire and may be invited to prepare a variation for Youth American Grand Prix. Level One students will also be placed in one strengthening and one ballet elective class and are welcome to register for one additional elective class per year. Students will receive a 50% discount on their first elective class and a 75% discount on any additional classes. Dancers gain confidence as their ability grows. Students continue to develop extension of the legs, strength of the feet as well as more advanced barre and center work and port de bras throughout. Clean and strong execution of the basic elements of dance, correct alignment for turnout and pulling up as well as strong basis for future pointe work is emphasized.

- **Level Two**

Prerequisite: Complete Level One or by Invitation

Four days a week – 9 ½ hours/ \$1,090 per semester

Level Two students continue to build on the technique developed in Level One and the ladies will continue their pointe training. Students will also learn and perform classical ballet Variations and Repertoire and may be invited to participate in the Youth American Grand Prix. Level Two students will also be placed in one strengthening class and ballet elective class and are encouraged to register for one additional elective class per semester. Students will receive a 50% discount on their first elective class and a 75% discount on any additional classes. Classes will focus on pointe work, pirouettes, use of the head and upper body, fluidity of port de bras as well as the intricacies of small and large jumps. In addition to Ballet and Pointe, students may be introduced to pas de deux.

- **Level Three**

Prerequisite: Complete Level Two or by Invitation

Five days a week – 13 hours/ \$1,250 per semester

Level Three students continue to build on the technique developed in Level Two. Training is more rigorous and is designed to prepare students for the advance level. Classes will focus on pointe work, multiple pirouettes, fluidity of movement as well as the intricacies of small and large jumps. At this level, students strong en pointe take a pas de deux class. Level Three students are encouraged to register for one additional elective class per semester. Students will receive a 50% discount on their first elective class and a 75% discount on any additional classes. Level Three students may have the opportunity to learn and perform a classical variation and contemporary piece for Youth American Grand Prix.

Advance Program

- **Level Four**

Prerequisite: Complete Level Three or by Invitation

Five to Six days a week – 14+ hours / \$1,325 per semester

Level Four students move into a more rigorous and demanding training program and is designed for those who have a strong mastery of pointe work with a desire to pursue ballet. This level will pay attention to fine details, use of the upper body, breadth of movement and expression as well as an increasingly advanced repertory of steps. Increase stamina & control, speed & precision, and clean & strong technique is focused on. These students will also be enrolled in Pas De Deux, a strengthening class and two electives. This level includes unlimited classes and all performance fees. Level Four students may have the opportunity to learn and perform at YAGP or other select ballet competitions. Students in this level may also be invited to participate in special events like outreach shows and publicity events with the Kentucky Ballet Theatre Professional Company. Performance participation is required.