



Norbe Risco, Artistic Director  
Rafaela Risco, Academy Director

# **SUMMER INTENSIVE**

## **June 7-27, 2021**

### **Student Information Packet**





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Rafaela Risco, Academy Director

January 2021

Dear Summer Student and Family,

Welcome to Kentucky Ballet Theatre's (KBT) Summer Intensive 2021. We are so excited to have you study with us this summer.

This packet contains important information, please read all of the enclosed pages carefully. Inside you will find:

- General Information for Students
- KBT's Behavior Policy Statement
- Dancewear Supply List
- KBT Apparel Pre-order Form (note, all students will receive one free summer intensive t-shirt)
- Sample weekly schedules
- Important dates

If you have any further questions, please contact Adell Cook, Office Manager, at [admin@kyballet.com](mailto:admin@kyballet.com) or by calling the office at 859-252-5245.

We are looking forward to an exciting summer!

Sincerely,

Rafaela Risco  
Academy Director  
Kentucky Ballet Theatre

## **Residential Program**

For the 2021 Summer, Kentucky Ballet Theatre's Summer intensive will not be offering a residential program due to COVID-19. We hope to be able to begin offering it again in 2022.

## **Program Dates**

Kentucky Ballet Theatre's Summer intensive begins Monday, June 7<sup>th</sup> for One week and Three week students. The Two week intensive begins on Monday, June 14<sup>th</sup>. The Two and Three week Intensives conclude on Sunday, June 27<sup>th</sup> with a Gala performance at the Moondance Amphitheatre or Virtual depending on the COVID-19 pandemic requirements.

## **Refunds**

**Deposits are non-refundable.** A partial **tuition** refund may be granted at the discretion of the school director in the event of severe injury (medical documentation required). There are absolutely no refunds for Room & Board.

## **Summer Intensive Gala Showcase for Two & Three Week Students**

Two and Three Week students will perform in KBT's Summer Intensive Gala Showcase outside at Moondance Amphitheater. Tickets are free for family and friends of the participants. Students will showcase the hard work they put in this summer in classical ballet pieces as well as contemporary and other styles of dance that they will be exposed to.

### Gala Showcase Schedule\*

- |                  |                           |
|------------------|---------------------------|
| • 9:00-10:00 AM  | Warm-up class             |
| • 10:00-12:00 PM | Tech/Dress Rehearsal      |
| • 12:00-2:00 PM  | Lunch Break               |
| • 2:00 PM        | Call time                 |
| • 3:30-5:00 PM   | Performance               |
| • 5:00 PM        | Reception & Dinner Picnic |

\*schedule subject to change



## **Orientation**

Orientation is scheduled for Monday morning, June 7<sup>th</sup> for students and their families. Everyone will meet at the KBT studios from 8:30-8:50 AM for a welcome by the Academy Director, meet the staff, go over current COVID protocols, and a tour of the facility.

## **Level Placement**

Level placements will be made in the Monday morning ballet class at 9:00 a.m.

Level placement will be posted on the bulletin board by 12:30 PM on each placement day.



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## **Educational Philosophy & Curriculum**

The Kentucky Ballet Theatre Academy curriculum combines the strength of the Russian school of dance with the Cuban influence of fluid movement, rhythm, and passion. The KBT Academy is a school that cares for each student's dance and wellness, regardless of ages and abilities. Providing exceptional dance education, injury prevention training, while nurturing our students' to develop skills and a lifelong love for dance extends far beyond the syllabus. We strive to challenge each student, whether he or she dances for enjoyment or pre-professional training, to explore his or her own potential as a performing artist.

Our highly-trained faculty members take great care to instruct students with proper technique and great discipline in an encouraging and supportive environment. As a professional dance school, we empower students to gain confidence through self-discipline and constructive feedback. Whether a student is here for one-week or fifteen years, we provide enduring and passionate support for each student's unique journey through a caring community of artists and educators.

## **Attendance**

Students are expected to attend every class for which they are scheduled. The student or parent/guardian must report all absences to the ballet office prior to class time (Resident Assistants will report absences for residential students). Absence due to illness, injury, or special circumstances may be excused upon receipt of a doctor's note or parent/guardian telephone call to 859-252-5245. Students may not enter class late or leave class early without permission from the instructor. A student who arrives more than ten minutes late may be required to sit and observe class.

## **Daily Activity**

Students take an average of 6 classes per day the Kentucky Ballet Theatre Studios Monday through Friday. On Saturdays, each group will have the master classes and/or rehearsals.

Classes will be held Monday through Friday from 9:00-5:00 p.m. and on Saturday from 1:00-4:00 p.m. Private lessons can be added at \$60 per hour and are available to be scheduled in the evenings between 5:30-7:30 PM. All privates must be scheduled by emailing [admin@kyballet.com](mailto:admin@kyballet.com) or by calling 859-252-5245 at least one week prior to the requested lessons.

Daily & Weekly schedules will be posted on the bulletin boards at the studio and will be given to student room at the hotel. Daily classes will include a ballet technique class, placed pointe class (which may include, pre-pointe, pointe, or pas de deux). They will also take the following classes: classical variations, character, classical jazz, modern, neoclassical or contemporary, stretch/conditioning, Salsa & Tap (*week one only*)/daily repertoire and rehearsals (*week two and three only*). ***The daily and weekly schedules are subject to change. Please check all schedule boards daily for any changes. It is the student's responsibility to check schedules daily.***

**Classes will be taught by KBT full-time faculty:**

- Norbe Risco, Artistic Director
- Rafaela Risco, Academy Director
- Kelsey Van Tine
- Keturah Cook
- Alexander Guzman
- Yui Kaito
- Breanna Justus



**Guest Instructors may include:**

- Ms. Aurora Bosch, Maitre of the Cuban Ballet, world renowned Principal Dancer
- Roberto Sifontes, Retired KBT Company dancer and Master Teacher
- Anna Patsfall, Retired KBT Company dancer & Dance Faculty member at Western Kentucky University

**Food and Drink**

No food or drinks (except water) are allowed in the dance studios. All litter is to be disposed of in available waste and recycling containers. Students are expected to cooperate fully with keeping the academy facilities clean and in good repair. Lunch areas are either outside on the back patio or in the observation room. We ask students not to eat in the dressing rooms.

**Excursions/Evening Activities**



All summer intensive participants are welcome to participate in evening activities & excursions.

If planning to attend the excursion/evening activities, the student must sign up prior to each week with payment. We order tickets and arrange all transportation in advance and cannot take late sign-ups. The fee will be determined depending on COVID-19 status. **ALL Students are encouraged to attend the BBQ & Outdoor Party on June 7<sup>th</sup>.** This event is free.



**Walking Guidelines**

Kentucky Ballet Theatre is located in the Warehouse Block District of Lexington. There are several stores, café's & restaurants within close walking distance. All students ages 10-15 must have a signed permission slip from their parent/guardian and will be required to be in groups of 3 or more when walking to and from the KBT studios to any of these establishments. Students 16+ must have at least one other person to walk with. No student should ever walk anywhere alone at any time. All students must check in and out with the office manager or lead staff member when leaving the studio.



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### **Personal Student Money**

Kentucky Ballet Theatre will not cash any checks. Staff will not hold cash or checks for any student. Traveler's checks or pre-paid debit cards are a safe choice for students, including international travelers. If students need to access an ATM, there will be opportunities to do so. **The Kentucky Ballet Theatre are not responsible for cash held on their premises by students. Students are responsible for their own money.** Students should bring spending money for local shops, additional snacks or food during excursions. Students will have the opportunity to go to the grocery store and the local dance supply store weekly to purchase snacks or needed incidentals.

### **Tobacco, Drugs, Alcohol**

Smoking is not permitted in the Kentucky Ballet Theatre studios or in the Airbnb homestays, this includes e-cigs. Possession or use of alcohol and/or drugs of any nature is not permitted at any time and is considered grounds for immediate dismissal. **A child who is dismissed from the Summer Intensive for any behavioral or drug-related reason will be sent home immediately at the expense of the parents or guardian.**

### **Contacting your child in an emergency situation**

If you need to get in contact with your child and they are in dance class, call the ballet office at 859-252-5245. Someone will take your child out of class so you can speak with them. If no one is available at this phone number, please use one of three emergency numbers listed below:

- Office Manager (Emergencies Only) 859-803-7010
- Academy Director (Emergencies Only) 859-312-2459
- Activities Coordinator (Emergencies Only) 859-907-2516

### **Medical**

No extended medical treatment is provided. Any student requiring ongoing medical treatment will go home. If medical evaluation is needed (i.e. x-rays) or if emergency medical care is required, all treatments must be paid for by their parent/guardians or individual insurance. All students will be accompanied by an R.A. or KBT staff member. The closest hospital is the Albert B. Chandler Hospital University of Kentucky Health Care.



## 2021 Summer Intensive Behavior Policy Statement

### ***Please read carefully:***

All students are expected to behave in a respectful and mature manner. This is an intensive ballet program that requires students to be responsible for

- Following school & boarding student rules
- Being respectful of KBT staff, fellow students and their property
- Remaining disciplined and focused on all daily dance work

Resident Assistants and KBT staff members will give 2 warnings to students before parents are contacted. After the 2<sup>nd</sup> warning, the Academy Director or KBT staff member will contact the student's parent or guardian to inform them of the situation. **If a 3<sup>rd</sup> offence occurs, the student will be dismissed from the Summer Intensive at the expense of his/her parent or guardian and no refunds will be issued.**

Kentucky Ballet Theatre practices a Zero Tolerance Policy with regard to more serious offences.

Kentucky Ballet Theatre will not tolerate tobacco, drugs of any nature, alcohol or the consumption of these substances at any time while attending the Summer Intensive Program. No person shall possess, consume, furnish, manufacture, sell, exchange or otherwise distribute any alcoholic beverages or other drugs.

No weapons of any nature are allowed on any of the premises of the Studios, Hotels or while on Excursions.

No student shall harass or abuse any other person in word, deed, or action.

No student shall tamper with or borrow without permission the personal property of others.

In the event that any of these rules are violated, this will be cause for the immediate dismissal of the student at the expense of his/her guardian.

## 2021 Summer Intensive Dancewear Supply List

### REQUIRED Dance Items

#### Female:

- Pink ballet slippers
- Pointe shoes (if already en pointe)
  - Bring the appropriate amount for the number of weeks attending.
  - Bring any necessary supplies needed for your shoes/feet.
- Black camisole leotard for Gala Performance
- Nude camisole leotard
- One-Two additional plain black leotards (any style)
- Several leotards (any color/style)
  - Students may use 1-2 leotards per day
- Jazz shoes (black preferred)
- Socks or foot undeez
- Pink seamed transition tights (required) for all ballet and pointe classes
- Black tights (stir-up recommended) for jazz & contemporary/neoclassical classes
- Extra hair supplies (hair nets, hair pins, hair spray or gel, etc.)

#### Male:

- Black tights with black ballet shoes or white socks with white ballet shoes
- White fitted t-shirt (no writing) for Gala Performance
- Any solid colored form fitting t-shirts for all classes and may be used in Gala
- Black Jazz shoes
- Black Jazz pants

### RECOMMENDED & OPTIONAL Dance Items

#### Female:

- Tap shoes – for week one only.
- Character shoes (black preferred) & Black Character Skirt
- Yoga mat & exercise bands
- Limited warm-ups may be allowed, subject to individual classes/instructors.
- Ballet skirts are permitted for select classes.
- Black jazz pants

#### Male:

- Tap shoes – for week one only
- White or grey tights
- Black bike shorts
- Yoga mat & exercise bands
- Limited warm-ups may be allowed, subject to individual classes/instructors.





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 Rafaela Risco, Academy Director

### KBT Apparel Pre-order Form

To receive your merchandise by the beginning of Summer Intensive, you must return this form and payment by May 29<sup>th</sup>. Orders will be taken through June 15<sup>th</sup>.

Student Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

All prices include the embroidered KBT logo. Personalization can be added for \$5.

#### CLOTHING

Item	Circle Size(s)	Color	Quantity	Price	Personalization	Total
Jr. V-Neck Tee	S M L	Black, Azalea, Grey, Red, White		\$15.00	\$5.00	
Racer Back Tank	XS S M L	Purple, Aqua Ice, Pink Raspberry Frost Grey		\$15.00	\$5.00	
Jr. Lightweight Jersey Hoodie	XS S M L	Heather Grey Black, White Dark Fuschia		\$30.00	\$5.00	
Youth Fleece Vest	M L	Black, Iron Grey True Navy		\$32.00	\$5.00	
Ladies Puffy Vest	XS S M L	Black, Bright Berry Dark Slate, White Espresso, Blue		\$40.00	\$5.00	

\*Larger adult sizes available for \$2 extra

#### BAGS

Item	Circle Size(s)	Color	Quantity	Price	Personalization	Total
Cinch Bag		Bright Pink, Black Chili Red Snorkel Blue		\$15.00	\$5.00	
Allie Tote Bag		Tropical Pink, Black Sangria, Turquoise Purple, Shock Lime		\$20.00	\$5.00	

<b>TOTAL QUANTITY</b>		<b>TOTAL \$</b>	
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Personalization: \_\_\_\_\_

#### Payment Information

Total Items Ordered: \_\_\_\_\_ Amount Enclosed: \$ \_\_\_\_\_ cash \_\_\_\_\_ ck# \_\_\_\_\_

Please send a pay request via PayPal \_\_\_\_\_ E-mail: \_\_\_\_\_

Credit cards or Online payments via PayPal are subject to a 3% (min. of \$5) processing fee

## 2021 **SAMPLE** SUMMER INTENSIVE SCHEDULE

\*subject to change

### WEEK 1: June 7-12

MONDAY	LEVEL 1	LEVEL 2	LEVEL 3
8:45 AM	Studios Open		
9:00-10:30 AM	Ballet Technique	Ballet Technique	Ballet Technique
10:35-12:00 PM	Classical Variations	Classical Variations	Pas de Deux
12:00-1:00 PM	LUNCH BREAK		
1:00-1:55 PM	Classical Jazz	Contemporary Ballet	Neoclassical Ballet
2:00-2:55 PM	Contemporary Ballet	Stretch & Strength	Classical Jazz
3:00-3:55 PM	Stretch & Strength	Classical Jazz	Salsa
4:00-5:00 PM	Workshop	Salsa	Stretch & Strength
5:15 PM	Studios Close		
5:45-7:15 PM	BBQ & Outdoor Party		

TUESDAY	LEVEL 1	LEVEL 2	LEVEL 3
8:45 AM	Studios Open		
9:00-10:30 AM	Ballet Technique	Ballet Technique	Ballet Technique
10:35-12:00 PM	Pre-Pointe	Pointe Technique	Classical Variations
12:00-1:00 PM	Lunch Break		
1:00-1:55 PM	Character	Tap	Choreography
2:00-2:55 PM	Mime	Floor Barre	Character
3:00-3:55 PM	Stretch & Strength	Character	Tap
4:00-5:00 PM	Tap	Salsa	Floor Barre
5:15 PM	Studios Close		
5:45-7:45 PM	Evening Activity TBD		

WEDNESDAY	LEVEL 1	LEVEL 2	LEVEL 3
8:45 AM	Studios Open		
9:00-10:30 AM	Ballet Technique	Ballet Technique	Ballet Technique
10:35-12:00 PM	Classical Variations		Pas de Deux
12:00-1:00 PM	Lunch Break		
1:00-1:55 PM	Floor Barre	Tap	Classical Jazz
2:00-2:55 PM	Classical Jazz	Stretch & Strength	Tap
3:00-3:55 PM	Contemporary	Modern	Stretch & Strength
4:00-5:00 PM	Tap	Classical Jazz	Modern
5:15 PM	Studios Close		
5:45-7:45 PM	Evening Activity TBD		

THURSDAY	LEVEL 1	LEVEL 2	LEVEL 3
8:45 AM	Studios Open		
9:00-10:30 AM	Ballet Technique	Ballet Technique	Ballet Technique
10:35-12:00 PM	Pre-Pointe	Pointe Technique	Classical Variations
12:00-1:00 PM	Lunch Break		
1:00-1:55 PM	Character	Tap	Choreography
2:00-2:55 PM	Mime	Floor Barre	Character
3:00-3:55 PM	Stretch & Strength	Character	Tap
4:00-5:00 PM	Tap	Salsa	Floor Barre
5:15 PM	Studios Close		
5:45-7:45 PM	Evening Activity TBD		

FRIDAY	LEVEL 1	LEVEL 2	LEVEL 3
8:45 AM	Studios Open		
9:00-10:30 AM	Ballet Technique	Ballet Technique	Ballet Technique
10:35-12:00 PM	Classical Variations	Classical Variations	Pas de Deux
12:00-1:00 PM	LUNCH BREAK		
1:00-1:55 PM	Classical Jazz	Contemporary Ballet	Neoclassical Ballet
2:00-2:55 PM	Contemporary Ballet	Stretch & Strength	Classical Jazz
3:00-3:55 PM	Stretch & Strength	Classical Jazz	Salsa
4:00-5:00 PM	Workshop	Salsa	Stretch & Strength
5:15 PM	Studios Close		
5:45-7:45 PM	Evening Activity TBD		

SATURDAY	LEVELS 1	LEVEL 2	LEVEL 3
12:45 PM	Studios Open		
1:00-2:30 PM	Classical Jazz	Master Class	Neoclassical Ballet
2:30-4:00 PM	Contemporary Ballet	Contemporary Ballet	Master Class
4:15 PM	Studios Close		



### **IMPORTANT DATES**

May 7 <sup>th</sup>	Pre-Registration Ends
May 18 <sup>th</sup>	Final Tuition Payment Due
June 6 <sup>th</sup>	Orientation at KBT studios – 5PM
June 7 <sup>th</sup>	First Day of one-week & three-week summer intensives
June 14 <sup>th</sup>	First Day of two-week summer intensive
June 27 <sup>th</sup>	Summer Intensive Gala at the Moondance Aphitheater