

ACADEMY HANDBOOK 2025-2026



Academy Director, Rafaela Risco

Kentucky Ballet Theatre
740 National Ave. Suite 170
Lexington, KY. 40502

admin@kyballet.com

www.kyballet.com

859-252-5245

KENTUCKY BALLET
THEATRE

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CONTACT INFORMATION & STAFFING

Studio Address: 740 National Avenue Suite 170 Lexington, KY 40502

Phone: 859-252-5245

Email: admin@kyballet.com

Website: www.kyballet.com

2025-2026 Office Hours

Monday: 3:00-8:00 pm

Tuesday: 11:00-8:30 pm

Wednesday: Closed

Thursday: 3:00-8:00 pm

Friday: 3:00-8:30

Saturday: 9:00 am-2:00 pm

Sunday: CLOSED

****subject to change***

KBT Teachers and Staff

Artistic Director : Norbe Risco

Academy Director: Rafala Risco

Office Administrator: Jennifer Reed

Teacher: Sarah LaFountain

Teacher: Megan Klotter

Teacher: Danielle Ansel

Teacher: Alexandra Montgomery

Teacher: Kinley Reed

Teacher: Briley Hensley



**Academy Director
Rafaela Risco**



**Artistic Director
Norbe Risco**

*Staff Bios and Information may be found on
our website at www.kyballet.com*

KENTUCKY BALLET THEATRE'S 2025-2026 BOARD OF DIRECTORS

Brigid DeVries	President of the Board
Rainey Hayes	Vice President
Sarah Robinson	Treasurer
Danby Carter	Secretary
Paul Holbrook	Board Member
Kathy Morgan	Board Member
Brienne Lowry Cox	Board Member
Cynthia Beasley	Board Member
Leigh Ann Castellanos	Advisory
Sandy Robinson	Advisory
Susan Herren	Board Ex Officio
Norbe Risco	Artistic Director
Rafaela Risco	Academy Director
Jennifer Reed	Office Administrator
Dr. Oliver Oakley	Parent Representative



President of the Board: Brigid DeVries
devriesbl@windstream.net

2025-2026 ACADEMY CALENDAR



2025-2026 KBT Academy Calendar



Aug 16	KBT Open House: 1:30-3:30 PM
Aug 18	KBT 1 st Day of Classes
Aug 23 & 24	Pointe Evaluations with Jacqui Haas
Sept 1	Labor Day: No Regular Classes
Sept 6	Dracula Audition: Levels C2/L2, C3/L3, C4/L4
Sept 7	Nutcracker Auditions: Pre-Ballet & Up
Sept 29-Oct 4	KBT Fall Break: No Regular Classes
Oct 13-17	Dracula Production Week: No Regular Classes
Oct 1 – Jan 1	Chocolate Bar Fundraiser
Oct 18 & 19	Mainstage Production: Dracula; Lexington Opera House; 2 PM
Oct 21	2 nd Quarter Begins – Quarterly Payments Due
Oct 31	Halloween: No Regular Classes
Nov 10-15	Parent’s Observation Week #1
Nov 24-29	Thanksgiving Break: No Regular Classes
Nov 30-Dec 2	Nutcracker Tour: Somerset, KY - No Regular Classes
Dec 6-Jan 3	Winter Break: No Regular Classes
Dec 8 -12	Nutcracker Production Week: No Regular Classes
Dec 13 & 14	Mainstage Production: The Nutcracker; LOH; 2 PM & 7 PM No Regular Classes
Dec 15-19	Nutcracker Production Week #2: No Regular Classes
Dec 20 & 21	Mainstage Production: The Nutcracker; LOH; 2 PM & 7 PM No Regular Classes
Jan 1	New Years Day
Jan 5	Regular Classes Resume
Jan 19	Martin Luther King Day: No Regular Classes
Jan 20	3 rd Quarter Begins: Quarterly Payments Due
Jan 20	2 nd Semester Begins: Payments Due
Feb 16	President’s Day: No Regular Classes
Feb 16-21	Parent Observation Week #2
Feb 16-21	Teacher and Staff Appreciation Week
Mar 16-20	Ballet Spectrum 2 Production Week: No Regular Classes
Mar 21 & 22	Mainstage Production: Ballet Spectrum 2; PMDAC; 2 PM
Mar 31	4 th Quarter Begins: Quarterly Payments Due
Apr 6-11	SPRING BREAK: No Regular Classes
Apr 20 - 24	Don Quixote Production Week: No Regular Classes
Apr 25 & 26	Mainstage Production; Don Quixote; LOH; 2 PM; No Regular Classes
Apr 27-May 9	Teacher’s Evaluation Week
May 25-28	EYP Production Week @KBT
May 29	Free Day: No Regular Classes
May 30	EYP Rehearsal @ LOH
May 31	EYP SHOW; Graduation & Diploma Ceremony; LOH; 3:00 PM

2025-2026 ACADEMY SCHEDULE



2025-2026 ACADEMY CLASS SCHEDULE FINAL

*Schedule subject to change

Monday					Thursday									
Studio A Class	4:30-5:30 Pre-Pro Prep Level Teacher	5:30-7:00 Ballet C1/C2 & L1 LaFountain	7:00-8:00 Pre-Pointe C1/C2 & L1 LaFountain	8:00-9:00	Studio A Class	4:30-6:00 Ballet Level Teacher	6:00-7:00 Strengthening C1-L1 + C2 (1st year) LaFountain	7:00-8:00 Variations C1- C2 (1st year) & L1 LaFountain	8:00-9:00					
Studio B Class	4:30-5:30 Strengthening Level Teacher	5:30-7:00 Ballet C3/C4 & L2-L4 R. Risco	7:00-8:00 Variations C2 (2nd Year) - C4 & L2-L4 R. Risco	8:00-9:00	Studio B Class	4:30-5:30 Jazz 3 & 4 Level Teacher	5:30-7:00 Ballet C3/C4 & L4 Sakamoto	7:00-8:00 Musical Theatre Level Teacher	7:30-9:00					
Studio C Class	4:45-5:30 Ballet Level Teacher	5:30-6:30 Ballet Pre-Ballet 1 Ansiel	6:30 - 7:00 Strengthening Pre-Ballet 1 Ansiel	7:00-9:00	Studio C Class	4:30-5:30	5:30-6:30	6:30-7:30	7:30-9:00					
Tuesday					Friday									
Studio A Class	4:30-6:00 Ballet /Pointe Level Teacher	6:00-7:30 Cont./Choreo C2/C3 & L2 Montgomery	7:30-8:30	8:30-9:00	Studio A Class	4:30-5:30 Beg Pointe Level Teacher	5:30-6:30 Modern C1/C2 & L1 Klotter	6:30-7:30 Jazz 1 & 2 Level Teacher	7:30-9:00					
Studio B Class	4:30-6:00 Cont./Choreo Level Teacher	6:00-8:00 Ballet/Pointe C4 & L3/L4 Sakamoto	8:00-8:30	8:30-9:00	Studio B Class	4:30-6:00 Pas de deux Level Teacher	6:00-7:30 Ballet/Pointe L2-L4 R. Risco	7:30-8:30 Lyrical Level Teacher	8:30-9:00					
Studio C Class	4:30-6:00 Ballet Level Teacher	6:00-7:00 Strengthening BC LaFountain	7:00-8:00 Int. Ballet Adult/Teen LaFountain	8:00-9:00	Studio C Class	4:30-5:30 Ballet Level Teacher	5:30-6:30 Acro BB/7+ Reed	6:30-7:30	7:30-9:00					
Wednesday					Saturday									
Studio A Class	4:30-5:30 Ballet Level Teacher	5:30-6:30 Strengthening BA & BB Klotter	6:30-7:30 Ballet BB Klotter	7:30-9:00	Studio A Class	9:15-10:00 Ballet Level Teacher	10:00-11:00 Beg. Teen/Adult Ballet Reed	11:00-11:30 Strengthening Pre-Ballet 2. Ansiel	12:00-2:00 Ballet/Variation C3/C4-L3/L4 Risco					
Studio B Class	4:30-6:00 Ballet Level Teacher	6:00-7:00 Petite Allegro BC LaFountain	7:00-8:30 Ballet C1 & L1 LaFountain	8:30-9:00	Studio B Class	9:00-10:00	10:00-11:00 Ballet Pre-Ballet 2 Ansiel	11:00-12:00 Modern C3/C4 & L2-L4 LaFountain	12:00-2:00 Company Class N. Risco					
Studio C Class	4:30-5:30 Hip- Hop Level Teacher	5:30-6:30 Tap 3 & 4 12+ Hensley	6:30-7:30	7:30-9:00	Studio C Class	9:00-10:00 Intro Tap & Jazz Level Teacher	10:00-11:00 Tap 1 & 2 7+ Hensley	11:00-12:00 Dance Fitness Teen/Adult Reed	12:00-2:00					
*Tuition includes one elective **Tuition includes two electives ***Tuition includes unlimited classes ****by invitation only														
CM1/CM2	PB1	PB2	BA	BB	BC	C1	C2	C3*	C4**	L1	L2*	L3**	L4***	Pre-Pro AM ****
45 min	1.5 hrs.	1.5 hr.	2 hr.	3 hrs.	5 hrs.	7 hrs.	8.5 hrs.	9.5 hrs.	11.5+ hrs.	8.5hrs	10+ hrs.	13.5+ hrs.	15+ hrs***	add'l 2.5 hrs.





Funky Fashion WEEKS

August 25–30: Wacky Socks Week

Students may wear their wackiest socks with their ballet shoes!

October 25–31: Wacky Halloween Week

Students may come to class with their wackiest costume! Just make sure you can still dance.

November 17–22: Wacky Christmas

Accessory Week

January 26–31: Wacky Pajama Week

Students may wear their favorite pjs to class!

February 9–14: Wacky Red & Pink Week

Students may come dressed in their favorite Valentines themed leotards!



TUITION BREAKDOWN

All Levels - \$35.00 Registration Fee

- Costume Fees for the End of the Year Recital
- Final Cost TBD closer to EYP)
- Mainstage Performance Fees when applicable
- 2 Semesters (32 Weeks)
- End of the Year Performance in May



Tuition Model 2025-2026					
Level	Total Hrs.	Annual	Semester	Quarterly	Monthly
Mommy & Me	30 min	368	194	102	47
CM 1	45 min	546	283	147	65
CM 2	45 min	546	283	147	65
PB 1	1.5 hrs.	725	373	192	83
PB 2	90 min	767	394	202	87
BA	2 hrs.	914	467	239	101
BB	3 hrs	1166	593	302	127
BB + ppp	4 hrs	1365	693	352	147
BC	5 hrs	1575	798	404	168
BC + ppp	6 hrs	1785	903	457	189
C1	7 hrs	1827	924	467	193
C1 + ppp	8 hrs	1932	976	497	203
L1	8.5 hrs.	2135	1078	544	223
L1 + ppp	9.5 hrs.	2275	1148	579	238
C2+ pp or beg p	8.5 hrs	2142	1081	546	224
L2*	9-11 hrs	2450	1235	623	255
L2 +AM	10.5-13.5 hr	2818	1419	715	292
C3*	9.5 hrs	2478	1249	630	258
L3**	12+ hrs	2975	1498	754	308
L3 +AM	15+ hrs	3303	1662	836	340
C4**	11.5+ hrs	2657	1339	674	276
L4 ***	13.5+ hrs	3238	1629	820	334
L4 +AM	16+ hrs	3547	1784	897	365
Open Division					
Elective - 1	1 hr	347	184	97	45
Elective - 2	2 hrs	630	325	168	73
Elective - 3	3 hrs	882	451	231	98
Elective - 4	4 hrs	1092	556	283	119
Adult/Teen Division					
Adult/Teen	1 hr	525	273	141	62
Adult/Teen	2 hr	987	504	257	109
Adult/Teen	3 hr	1386	703	357	149
KBT Student Extra Elective Pricing					
Classes	Total Hrs.	Annual	Semester	Quarterly	Monthly
Elective - 1	1 hr	337	179	94	44
Elective - 2	2 hrs	615	317	164	72
Elective - 3	3 hrs	862	441	226	96
Elective - 4	4 hrs	1067	544	277	117
Private Lessons					

1 Hour	65	8 - 30 min Class Dance Card	200
30 min	35	16 - 30 min Class Dance Card	400
KBT Performance Fees 2025-2026			
EYP Performance/Costume Fees		Costumes Included in Performance Fee	
CM-PB	120	Ballet	
BA, BB, BC:	145	Ballet	
C1/L1	185	Ballet & Modern	
C2-C4 & L2/L3	225	Ballet, Contemporary, Modern	
L4	265	Ballet, Contemporary, Modern, Jazz	
Note: All other costumes will be an added fee			
KBT Student Elective EYP Fee (This fee only applies to elective classes not included in tuition price.)			
1 Elective	40	Important Note: *EYP fee includes costumes for classes listed above, t-shirt, 2 tickets, & Opera House fee	
2 Electives	80		
3 Electives	120		
4 Electives	160		
Open Division EYP Fee (Elective Only Students)		*EYP fee due by May 4, 2026	
1 Elective	110	*Failure to pay EYP fee will result in student not being permitted to perform	
2 Electives	145		
3 Electives	185		
4 Electives	225		
Mainstage Production Auditions & Performance Fees			
Dracula - Levels C1/L1 +		KBT Abbreviation Key CM: Creative Movement PB: Pre-Ballet BA: Beginning A BB: Beginning B BC: Beginning C C1: Contemporary Level 1 C2: Contemporary Level 2 C3: Contemporary Level 3 C4: Contemporary Level 4 L1: Classical Level 1 L2: Classical Level 2 L3: Classical Level 3 L4: Classical Level 4	
Audition Fee:	20		
Performance Fee:			
CM-BB	80		
BC-L4	100		
The Nutcracker - Levels PB+			
Audition Fee:	20		
Performance Fee:			
CM-BB	80		
BC-L4	100		
Don Quixote - C1/L1 +			
Audition Fee:	20		
Performance Fee:			
CM-BB	80		
BC-L4	100		

Late Fees: **Any account that is 3 days past due will receive a \$25.00 late fee.** After 3 attempts to settle an account, with no contact, students will not be permitted back into class until their account is settled. Please contact our office immediately if you need to make payment arrangements.

*indicates the number of electives included in tuition

CURRICULUM BREAKDOWN

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Creative Movement 1	3-5 yrs	45 min	Mon: 4:45-5:30 PM	Ansiel	Ballet
Creative Movement 2	3-5 yrs	45 min	Sat: 9:15 - 10:00 AM	Ansiel	Ballet
Pre-Ballet 1	5-6 yrs	1.5 hrs	Mon: 5:30-6:30 PM	Ansiel	Ballet
			Mon: 6:30-7:00 PM	Ansiel	Strengthening
Pre-Ballet 2	5-6 yrs	1.5 hrs	Sat:10:00-11:00 AM	Ansiel	Ballet
			Sat: 11:00-11:30 AM	Ansiel	Strengthening
Beginning A	7+ yrs	2 hrs	Wed: 4:30-5:30 PM	Klotter	Ballet
			Wed: 5:30-6:30 PM	Klotter	Strengthening
Beginning B	8+ yrs	3 hrs	Wed: 5:30-6:30 PM	Klotter	Strengthening
			Wed: 6:30-7:30 PM	Klotter	Ballet
			Fri: 4:30-5:30 PM	Klotter	Ballet
Beginning B + ppp	8+ yrs	4 hrs	Mon: 4:30-5:30 PM	Risco	Pre-Pro Prep <i>*by invitation only</i>
			Wed: 5:30-6:30 PM	Klotter	Strengthening
			Wed: 6:30-7:30 PM	Klotter	Ballet
			Fri: 4:30-5:30 PM	Klotter	Ballet
Beginning C	9+ yrs	5 hrs	Tue: 4:30-6:00 PM	LaFountain	Ballet
			Tue: 6:00-7:00 PM	LaFountain	Strengthening
			Wed: 4:30-6:00 PM	LaFountain	Ballet
			Wed: 6:00-7:00 PM	LaFountain	Petite Allegro
Beginning C + ppp	9+ yrs	6 hrs	Mon: 4:30-5:30 PM	Risco	Pre-Pro Prep <i>*by invitation only</i>
			Tue: 4:30-6:00 PM	LaFountain	Ballet
			Tue: 6:00-7:00 PM	LaFountain	Strengthening
			Wed: 4:30-6:00 PM	LaFountain	Ballet
			Wed: 6:00-7:00 PM	LaFountain	Petite Allegro

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Classical Level 1 with Modern, beg pointe OR pre-pointe *pointe class by placement	10+ yrs	8.5 hrs	Mon: 5:30-7:00 PM	LaFountain	Ballet
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Wed: 7:00-8:30 PM	LaFountain	Ballet
			Thur: 4:30-6:00 PM	Risco	Ballet
			Thur: 6:00-7:00 PM	LaFountain	Strengthening
			Thur: 7:00-8:00 PM	LaFountain	Variations
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe *by placement
			Fri: 5:30-6:30 PM	Klotter	Modern
Classical Level 1 + ppp with Modern, beg pointe OR pre-pointe *pointe class by placement	10+ Yrs	9.5 hrs	Mon: 4:30-5:30	Risco	Pre-Pro-Prep *by placement
			Mon: 5:30-7:00 PM	LaFountain	Ballet
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Wed: 7:00-8:30 PM	LaFountain	Ballet
			Thur: 4:30-6:00 PM	Risco	Ballet
			Thur: 6:00-7:00 PM	LaFountain	Strengthening
			Thur: 7:00-8:00 PM	LaFountain	Variations
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe *by placement
Fri: 5:30-6:30 PM	Klotter	Modern			
Contemporary Level 1 with Modern, beg pointe OR pre-pointe *pointe class by placement	10+ yrs	7+ hrs	Mon: 5:30-7:00 PM	LaFountain	Ballet
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Wed: 7:00-8:30 PM	LaFountain	Ballet
			Thur: 6:00-7:00 PM	LaFountain	Strengthening
			Thur: 7:00-8:00 PM	LaFountain	Variations
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe * by placement
			Fri: 5:30-6:30 PM	Klotter	Modern
Contemporary Level 1 + PPP with Modern, beg pointe OR pre-pointe *pointe class by placement	10+ yrs	8+ hrs	Mon: 4:30-5:30	Risco	Pre-Pro Prep *by placement
			Mon: 5:30-7:00 PM	LaFountain	Ballet
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Wed: 7:00-8:30 PM	LaFountain	Ballet
			Thur: 6:00-7:00 PM	LaFountain	Strengthening
			Thur: 7:00-8:00 PM	LaFountain	Variations
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe * by placement
Fri: 5:30-6:30 PM	Klotter	Modern			

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Classical Level 2 with Modern & Contemporary +1 elective *pointe class by placement **Pointe only required upon teacher's request. Varies by student.	11+ yrs.	10+ hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tue: 4:30-6:00 PM	Sakamoto	Ballet/Pointe
			Tue: 6:00-7:30 PM	Montgomery	Contemporary/Choreo
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe *by placement
			Fri: 6:00-7:30 PM	Risco	Ballet/Pointe
			Sat: 11:00-12:00 PM	LaFountain	Modern
Classical Level 2 + AM *by invitation only	11+ yrs.	12.5+ hrs.	Wed: 10:00-11:30 AM	Risco	Ballet
			Wed: 11:30-12:30 PM	Risco	Variations

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Contemporary Level 1 + PPP with Modern, beg pointe OR pre-pointe *pointe class by placement	10+ yrs	8+ hrs	Mon: 4:30-5:30	Risco	Pre-Pro Prep *by placement
			Mon: 5:30-7:00 PM	LaFountain	Ballet
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Wed: 7:00-8:30 PM	LaFountain	Ballet
			Thur: 6:00-7:00 PM	LaFountain	Strengthening
			Thur: 7:00-8:00 PM	LaFountain	Variations
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe * by placement
Fri: 5:30-6:30 PM	Klotter	Modern			

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Classical Level 2 with Modern & Contemporary +1 elective *pointe class by placement **Pointe only required upon teacher's request. Varies by student.	11+ yrs.	10+ hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tue: 4:30-6:00 PM	Sakamoto	Ballet/Pointe
			Tue: 6:00-7:30 PM	Montgomery	Contemporary/Choreo
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe *by placement
			Fri: 6:00-7:30 PM	Risco	Ballet/Pointe
			Sat: 11:00-12:00 PM	LaFountain	Modern
Classical Level 2 + AM *by invitation only	11+ yrs.	12.5+ hrs.	Wed: 10:00-11:30 AM	Risco	Ballet
			Wed: 11:30-12:30 PM	Risco	Variations
Contemporary Level 2 with Modern & Contemporary *pointe class by placement	11+ yrs.	8.5 hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations *by placement
			Mon: 7:00-8:00 PM	LaFountain	Pre-Pointe *by placement
			Tue: 4:30-6:00 PM	Sakamoto	Ballet/Pointe
			Tue: 6:00-7:30 PM	Montgomery	Contemporary/Choreo
			Thur: 7:00-8:00 PM	LaFountain	Variations *by placement
			Fri: 4:30-5:30 PM	Risco	Beginning Pointe *by placement
Fri: 5:30-6:30 PM	Klotter	Modern			

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Classical Level 3 with Modern & Contemporary + 2 electives	Placement Required	13+ hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tue: 4:30-6:00 PM	Montgomery	Contemporary/Choreography
			Tue: 6:00-8:00 PM	Sakamoto	Ballet/Pointe
			Fri: 4:30-6:00 PM	N. Risco	Pas de deux
			Fri: 6:00-7:30 PM	Risco	Ballet/Pointe
			Sat: 11:00-12:00 PM	LaFountain	Modern
Sat: 12:00-2:00 PM	Risco	Ballet/Variations			
Classical Level 3 + AM *by invitation only	Placement Required	15.5+ hrs.	Wed: 10:00-11:30 AM	Risco	Ballet
			Wed: 11:30-12:30 PM	Risco	Variations
Contemporary Level 3 with Contemporary & Modern + 1 Elective	Placement Required	11 hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tue: 4:30-6:00 PM	Sakamoto	Ballet/Pointe
			Tue: 6:00-7:30 PM	Montgomery	Contemporary/Choreography
			Thur: 5:30-7:00 PM	Sakamoto	Ballet
			Sat: 11:00-12:00 PM	LaFountain	Modern
			Sat: 12:00-2:00 PM	Risco	Ballet/Variations

KBT Class Curriculum Breakdown by Level 2025-2026

Level	Ages	Hours	Class Schedule	Teacher	Curriculum
Classical Level 4 with Contemporary, Modern & Jazz + unlimited electives	Placement Required	15.5+ hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tue: 4:30-6:00 PM	Montgomery	Contemporary/Choreo
			Tue: 6:00-8:00 PM	Sakamoto	Ballet/Pointe
			Thur: 4:30-5:30 PM	Klotter	Jazz 3/4
			Thur: 5:30-7:00 PM	Sakamoto	Ballet
			Fri: 4:30-6:00 PM	N. Risco	Pas de deux
			Fri: 6:00-7:30 PM	Risco	Ballet/Pointe
			Sat: 11:00-12:00 PM	LaFountain	Modern
Sat: 12:00-2:00 PM	Risco	Ballet/Variations			
Classical Level 4 + AM *by invitation only	Placement Required	17.5+ hrs.	Wed: 10:00-11:30 AM	Risco	Ballet
			Wed: 11:30-12:30 PM	Risco	Variations
Contemporary Level 4 with Contemporary & Modern + 2 electives	Placement Required	11.5+ hrs.	Mon: 4:30-5:30 PM	LaFountain	Strengthening
			Mon: 5:30-7:00 PM	Risco	Ballet
			Mon: 7:00-8:00 PM	Risco	Variations
			Tues: 4:30-6:00 PM	Montgomery	Contemporary/Choreo
			Tue: 6:00-8:00 PM	Sakamoto	Ballet/Pointe
			Thur: 5:30-7:00 PM	Sakamoto	Ballet
			Sat: 11:00-12:00 PM	LaFountain	Modern
			Sat: 12:00-2:00 PM	Risco	Ballet/Variations

KBT Elective Class Curriculum Breakdown by Level 2025-2026

Class	Ages	Hours	Class Schedule	Teacher
Int Adult/Teen Ballet	17+	1	Tue: 7:00-8:00 PM	LaFountain
Hip-Hop	9+	1	Wed: 4:30-5:30 PM	Reed
Tap 3/4	12+	1	Wed: 5:30-6:30 PM	Hensley
Jazz 3/4	12+	1	Thur: 4:30-5:30 PM	Klotter
Musical Theatre	12+	1	Thur: 7:00-8:00 PM	Klotter
Acro	BB/7+	1	Fri: 5:30-6:30 PM	Reed
Jazz 1/2	9+	1	Fri: 6:30-7:30 PM	Klotter
Lyrical	12+	1	Fri: 7:30-8:30 PM	Reed
Intro to Tap/Jazz	5+	1	Sat: 9:00-10:00 AM	Hensley
Tap 1/2	7+	1	Sat: 10:00-11:00 AM	Hensley
Beg Adult/Teen Ballet	17+	1	Sat: 10:00-11:00 AM	LaFountain

Level C3: One Elective
 Level C4: Two Electives
 Level L2: One Elective
 Level L3: Two Electives
 Level L4: Unlimited Electives

ATTENDANCE POLICY

Attendance is imperative for consistent progress. Students are expected to attend all classes unless formally excused due to illness or other extenuating circumstances. The School must be notified if an absence is anticipated. Please contact us via email at admin@kyballet.com or call 859-252-5245. Instructors take attendance at the beginning of each class in order to ensure proper attendance records.

Students are welcome to make up any excused absences, which include those missed due to illness, injury, weather cancellation, or tardiness. All make-up classes should be completed by the end of each semester. Make-up classes may be taken in an alternate section of the student's registered class or in a lower-level class. As a courtesy to our families, we offer a special make-up week in case of weather-related cancellations. Please check the online calendar for dates. Parents need to check in with the office to schedule all make-up classes to ensure that the student receives credit for the classes they make up. If the parent or student does not sign-in to record the make-up class, it will not be recorded on their attendance record, which could affect the student's evaluation at the end of the school year.

Tardiness is unacceptable. To prevent physical injury to our young dancers, when attempting to dance without proper warm up, students entering a ballet class after pliés will be responsible to warm up according to the teacher's discretion. Students arriving to any Elective dance classes more than 10 minutes late will remain in the studio and observe class. Although observing class is quite useful, if students realize that they will arrive after the designated grace period, it is advised that the student elect to take a make-up class in place of observing.



ILLNESS POLICY

Illness Policy:

- Any contagious condition (fever, fever blister/cold sore, stomach bugs, lice etc.) require that students be symptom free without medication for 24 hours before returning to class.

Covid/Flu Policies:

- If student has tested positive for covid or the flu, they may not return to the studio until symptom and fever free for 24 hours without medication.
- If student has been in close contact with someone who has tested positive for Covid or the Flu (including someone in their household), please contact KBT's Office Administrator *before* attending class so we can decide if student should attend or wait.

Injuries:

- If your student is injured and not allowed to dance for an extended period of time, please contact the Academy Director by studio phone or email ASAP. We will need to work with you on a plan so the student does not fall behind and can still participate in class in a safe way (taking notes, etc.). ***Please do not stop attending class without talking with Academy Director.***



Tuition is not reduced in the event of illness or injury except in special circumstances upon Academy Director's approval, and must include a doctor's excuse.

STUDENT EVALUATIONS

Tremendous care and attention are devoted to the evaluation process to provide clear goals for our students as they develop their technique and love of dance. Evaluation forms and conferences will be done once per year. In addition to comments given by each student's instructor(s), all students enrolled in The School's Academy Division, in both the contemporary & classical tracts, will be formally evaluated to help determine student advancements for the next school season. At the end of each school year, all students will receive a diploma indicating their placement for the following school year. Initial entry into either pre-professional program will be determined during the Beginning C level.

A student's level placement is a benchmark which indicates a student's attainment of the skills set forth in the syllabus. Placement is a complex process and may not necessarily be based on a student's years of study or age (with the exception of the placement of new students in the Children's Division). Accordingly, we rely heavily on the expertise of our faculty and Academy Director to observe each student's understanding and application of class material, physical strength, and development, as well as intellectual and artistic maturity observed throughout the school season. Additionally, the level of technical achievement within the general student population can and does change, affecting overall placement standards throughout the levels of The School. In the Intermediate levels, students should generally expect to spend at least two years at each level before being promoted to the next level.

It is important to note that advancement is a unique process for each individual student. Above all, students will be placed in a level that will allow for challenging study without putting at risk the physical health and emotional well-being of the child. Unlike academic programs, it is not uncommon for students to be asked to repeat a level of training, and this practice is in no way designed to be a punishment. It is of the utmost importance that students are not only able to execute class material safely to avoid injuries caused by improper technique, but also to excel in their mastery of the skills required at each level. It is with these criteria in mind that The Kentucky Ballet Theatre Academy supports each student's fulfillment of his or her potential as a dancer, while learning and growing as young artists.

DANCE TRAINING GUIDELINES

The Kentucky Ballet Theatre does not discriminate based on gender, sexual orientation, race, religion, or national or ethnic background.

Successful students have a willingness for dedicated work in a disciplined learning environment. Self-discipline is the only practice that will guide a student to personal satisfaction and continued progress. Students are encouraged to approach classes with joy rather than a sense of obligation. Students shall put their time and energy to the best use by allowing themselves to be inspired by a love of dance in each & every class or rehearsal.

Students follow a structured curriculum that is designed to increase skill, endurance, and discipline in accordance with age, maturity, physical development, as well as technical and artistic progress. The frequent and consistent repetition of steps during class is elemental to the study of ballet and cannot be replaced by individual study. Notes and corrections are an essential part of ballet instruction; therefore, teachers will verbally and physically guide the students to ensure proper body placement and execution of movement. Students may not receive individual corrections in every class but should assume that every correction given (whether to the class or to an individual) applies to each student. Students in both the Classical and Contemporary Pre-Professional tracks are encouraged to keep a notebook in class to record and review corrections, study ballet terminology, and set goals. Proper implementation and retention of corrections in class supports continued progress.

Dancers are a work in progress. Gracefully learning from frustrations as well as achievements will guide students toward personal, technical, and artistic growth. Focused and dedicated effort is expected each day to make each student's experience positive and successful. It is extremely important that students are self-motivated and enthusiastic in their approach to class work. Teachers are a constant source of information and guidance but should not have to repeatedly ask students to take a proactive approach to learning. Students who push themselves to meet their goals in each class or rehearsal can feel proud of themselves, knowing that they have done their best.

CLASS PLACEMENT

The School reserves the right to determine the class level for every student, regardless of prior training. Students are required to attend all assigned classes according to level and placement. Level placement is for the entire school year and can only be adjusted by the Academy Director.

- Returning students can register for the class level recommended in the evaluation process at the end of the prior school year.
- Class selection for new Children's Division students should be made according to the student's age as of the first day of classes of each academy year.
- New students in the Academy Division and the Pre-Professional Program will be evaluated by the Academy Director via a private placement class prior to enrollment.

Occasionally, changes in placement will be made when a new semester begins. The Academy Staff reserves the right to make placement changes that it deems necessary for the safety and well-being of the student.

Training between Sessions

- Bridge classes during extended breaks will be offered. These classes are open to students in any division for participation.
- Continuing your dance training during the summer is essential for every dancer. The School offers summer dance programs and classes for all ages. Summer study is strongly suggested for any serious dance student with professional aspirations, to maintain the momentum that is essential for continued progress.



OUTSIDE TRAINING

The Kentucky Ballet Theatre Academy's curriculum is comprehensive and demanding. To maintain a commitment to each dancer's artistic and technical growth, students in the classical pre-professional track are not permitted to take classes with or perform with any other ballet studio, school, or company without permission from the Academy Director.

Additional Student Training Programs

The KBTA offers training for select and interested students in five interest areas: Teacher Training, Costuming, Marketing/Social Media, Photography/Videography, and Backstage Production. Students must be enrolled full-time in either the Classical or Contemporary Preprofessional Division to participate.



POINTE TRAINING

There is not a set age for students to move on to pointe work, but there is a set level of maturity, technique, and strength require to be moved on to pointe work

Pre-pointe classes are offered to ballet students who are not yet en pointe to further develop and strengthen the muscles necessary to go en pointe. Pre-pointe classes stress correct alignment and correct classical ballet technique. These classes allow teachers to assess readiness and offer an atmosphere for proper evaluation of important skills. Before a dancer is placed in pointe shoes, ballet instructors use certain exercises to evaluate pointe readiness.

Pointe technique classes are intended for students who have reached a certain maturity and technique level, to better handle the painful process that the whole body will experience. Consistency in their hard work is one of the attributes needed to master the difficult steps done during this class. More center work is added, and duration of class is one full hour en pointe. By this time, they are expected to sew their own elastics and ribbons, care for their pointe shoes, and have toe pads and band-aids and any other personal foot/shoe care items -- ready to take care of sore feet. Students in this level are expected to stretch and strengthen at least 3 times a week outside of regular classes. Most importantly, the student must understand that pointe work must be done correctly.

And last, but not least (something that is not addressed often) is the cost of pointe shoes. We ask parents to talk about this matter with your child. Pointe shoes will need to be replaced often, depending on the strength of each individual dancer. An average pair of pointe shoes costs between \$90 and \$140.

POINTE TRAINING



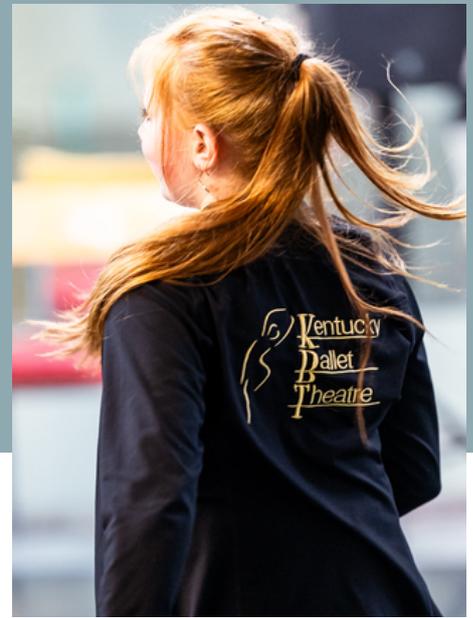
Classes en Pointe are designed for students who are ready to fully dance in the center at a faster pace. Students will start to experience exercises that require more strength -- like small hops en pointe, Grand Turns and consecutive turns on one leg to name a few. At this point, the dancer has reached a solid base technique that will allow more intricate work to be learned. Students at this level will be wearing pointe shoes in one to three 1 ½ hour ballet classes per week. Outside of regular classes, students are expected to continue stretching and strengthening on their own at least 3 times a week.

Beginning Pas de Deux Class is a 1 1/2 class, en pointe, designed for students to start learning about dancing as a couple. It is a technique that is new to the boys and girls who are introduced to it. This technique is based in coordination between two dancers. Students are placed in this class once they have a level of strength, maturity, fully knowledgeable in ballet terminology and demonstrate body awareness. At this level, girls will be taking 1-2 additional ballet classes en pointe.

Performance en Pointe begins when students have solid centre technique. Students wishing to dance en pointe outside of KBT (whether SCAPA, or any other performances), must get permission from the Academy Director.

Note: Students who have received an invitation for pointe that are 12 and under are required to schedule an appointment for a pointe shoe fitting with through the office staff. Ages 12+ are recommended to do the same but it is not required.

ACADEMY LEVEL DESCRIPTIONS



Children's Division

The Children's Division in the Kentucky Ballet Theatre Academy is developed for children ages 2-7. KBTA makes dance fun while learning. The curriculum was created to encourage age appropriate creativity, musicality, and physicality. Classes meet one day per week.

- **Mommy & Me**

One day per week - TBD

This class is specially designed for children ages 2-3 who are not yet comfortable being in a class alone, or who are not yet toilet trained. We use movement exercises, games, and other activities to introduce these youngest students to the joy of creative movement in a fun, family friendly musical setting. Emphasis is placed on both fine and gross motor skill development, coordination and balance. This 30-minute class meets on Saturday mornings. Students may be moved to the Creative Movement level at any time during the year.

- **Creative Movement**

One day per week - 45 Minutes

This class is designed for children 3-5 who are toilet trained and ready for group classes. This 45-minute class meets one day, mid-week or on Saturday mornings. Children will begin to learn the elements of creative movement and ballet: Socialization skills such as turn-taking and following instructions will be emphasized. The dancers are encouraged to expand their movement vocabulary through games and creative exploration of dance movements. Self-esteem and confidence is developed while dancers are having fun. Performance opportunities are available.



• Pre-Ballet 1

One day per week – 1 ½ hour

This level is designed for children ages 5-6. In addition to the 1 hour ballet class, students take a 30 minute strengthening/stretching class. This class is perfect for the young beginner and continues the teaching of previous classes. Additional ballet terms, posture, stretches, and barre work are introduced as well as specific focus on class etiquette and respect. Multiple performance opportunities are available.



• Pre-Ballet 2

One day per week – 1 ½ hour

This level is designed for children ages 6-7. In addition to the 1-hour ballet class, students take a 30-minute strengthening/stretching class. This class is perfect for the young beginner and continues the teaching of previous classes. Additional ballet terms, posture, stretches, and barre work are introduced as well as specific focus on class etiquette and respect. Multiple performance opportunities are available.





Academy Division

The Kentucky Ballet Theatre Academy division is designed for students wanting to pursue Classical Ballet training. Our curriculum allows boys and girls to gain confidence in their dancing with the support of caring and nurturing faculty. Students work on strength, balance, flexibility while studying the principles of ballet. Training develops a strong foundation of physical and mental understanding necessary for Classical Ballet training. Multiple performance opportunities are available.

Beginning Program

- **Level A**

Prerequisite: Completed Pre-Ballet 2, age 7+, or by placement

One day per week -- 2 hours

This level is perfect for the beginner and continues the teaching of previous classes. The goal of level A is to impart the fundamentals of classical ballet. Class will focus on basic ballet technique, proper body alignment, French terminology and musicality. Our curriculum focuses on posture, placement and comportment of classical ballet. Dancers at this level are learning more about proper alignment, flexibility, and coordination. Elementary barre and center work are taught at this level. With this level, students are given the option to add intro to jazz.

- **Level B***

Prerequisite: Completed Beginning A, age 8+ or by placement

Two days per week -- 3 hours

This level is great for the beginner but also builds on level A. The dancer takes two ballet classes and one strengthening class weekly. Dancers at this level focus on the elements of ballet movement, posture, weight transfer, large and small poses as well as allegro. Dancers begin turns and establish the base of ballet for future dance classes. This class will focus on positions of the arms, directions of the body and increased movement vocabulary. With this level, students are given the option to add beginning jazz or tap.

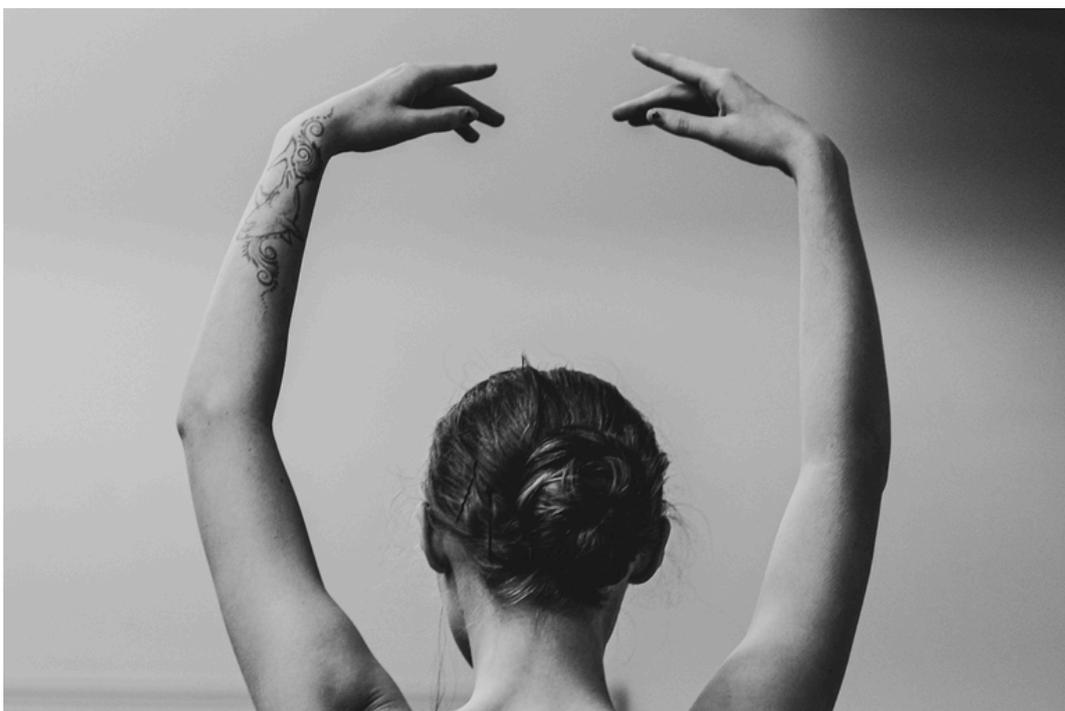
- **Level C***

Prerequisite: Completed Beginning B, age 9+ or by placement

Two days per week -- 5 hours

Dancers learn self-confidence, coordination, balance, and form. The classes progress with quarter and demi-pointe as well as linking moves together with repetitions. The class covers many basic steps with an increased pace. Students will see an increase in difficulty in barre and centre work. Students begin to focus on repetition and retention. Pirouettes are introduced and a Petite Allegro class is added in preparation for female pointe work and for men's jumps and turns. Evaluations are done for progression into the intermediate Classical or Pre-professional track. With this level, students are given the option to add jazz and/or tap.

*Students in Level B or C who show interest, maturity, and talent, may be invited to add a pre-professional preparatory class which meets one day per week on Saturday mornings. Tuition is an additional \$100 per semester.



ACADEMY DIVISION

Intermediate Program: Contemporary Pre-Professional Track

Students invited into the Contemporary Pre-Professional Program at The Kentucky Ballet Theatre Academy aspire to a high standard of excellence and professionalism. Contemporary ballet is a genre of dance that incorporates elements of classical ballet and modern dance. Many of its attributes come from the ideas and innovations of 20th century modern dance. The style emphasizes the body's flexibility and strength. The goal is to inspire a passion for dance and encourage students to realize their individual potential through the attention offered by our faculty of professional dancers and directors. Students' dance education in this program includes technique class, pre-pointe/pointe work, variations, jazz, modern & contemporary repertoire, and performance opportunities with the Kentucky Ballet Theatre Company, as well as an annual performance* showcasing what they learn throughout the year.

Expectations in technique and artistry are clearly communicated to students and regular assessments guide each student's progress. The Pre-Professional Program is for students with a serious interest in, a career in contemporary ballet or who intend on majoring or minor in ballet/dance at the University level. Students pursuing pointe are required to participate in the annual dance medicine evaluations by Wellington Dance Medicine.

***Please note, participation in Spring EYP is required by all pre-Professional students.**

• Level C1

Prerequisite: Completed Beginning C, age 9+ or by placement

Two days per week -- 6 hours

Dancers take five classes per week and can expect to spend two years in this level. Dancers gain confidence as their ability grows. Students continue to develop extension of the legs, strength of the feet as well as more advanced barre and center work. Clean and strong execution of the basic elements of dance, correct alignment for turnout and pulling up as well as strong basis for future pointe work is emphasized. Depending on individual progression and development, female students may be given the opportunity to take pre-pointe and pointe classes. Students begin taking an elective class that introduces them to other dance styles. Students can expect to spend a minimum of 2 years in this level.

• Level C2

Prerequisite: Completed C1, or by placement

Three days per week -- 8 hours

Dancers take six classes per week and can expect to spend two years in this level. Classes focus on pointe work, pirouettes, use of the head and upper body, fluidity of port de bras as well as the intricacies of small and large jumps. In addition to Ballet and Pointe, students take strengthening and flexibility and can take additional elective classes to broaden their dance styles. Students continue to focus on clean and strong technique as well as timing for the exercises. Students at this level can choose to take fewer classes yet still have performance opportunities.

• Level C3

Prerequisite: Completed C1, or by placement

Three to Four days per week – 9-10 hours

Training at this level is more rigorous and is designed to prepare students for the advance level. Classes will focus on more advance techniques and range and fluidity of movement, multiple pirouettes, as well as the intricacies of small and large jumps. Students strong en pointe may be invited to take an additional pointe class. This level meets 3-4 days a week. In addition to Ballet and Pointe, Intermediate C2 students take an elective as well as a weekly strength/flexibility class. Students can choose to take fewer classes yet still have performance opportunities.

Advanced Program: Contemporary Pre-Professional Track

• Level C4

Prerequisite: Completed Intermediate C, or by placement

Four days per week – 11-12 hours

Level C4 classes are designed for the student who has a strong mastery of a variety of dance styles and a desire to pursue ballet in college or contemporary companies. This level pays attention to fine details, use of the upper body, breadth of movement and expression as well as an increasingly advanced repertory of steps. Increase stamina & control, speed & precision, and clean & strong technique is focused on. This level meets four to five days a week. In addition to Ballet, Level C4 students participate in monthly master classes and/or workshops. Advance students enrolled full-time may have the opportunity to dance corps de ballet or character roles with the KBT professional company. Students taking fewer classes will still have performance opportunities.



ACADEMY DIVISION

Intermediate Program: Classical Pre-Professional Track

Students invited into the Classical Pre-Professional Program at The Kentucky Ballet Theatre Academy aspire to a high standard of excellence and professionalism. The goal is to inspire a passion for dance and encourage students to realize their individual potential through the attention offered by our faculty of professional dancers and directors. Students' dance education in this program includes technique class, pointe work, variations, pas de deux, repertoire, and performance opportunities with the Kentucky Ballet Theatre Company, as well as an annual performance* showcasing what they learn throughout the year. Expectations in technique and artistry are clearly communicated to students and regular assessments guide each student's progress. The Pre-Professional Program is for students with a serious interest in, and a commitment to, a career in ballet or who intend on majoring in ballet at the University level. The Pre-professional track is by invitation or approval by the academy director only. Students must be enrolled full time and are required to participate in the annual dance medicine evaluations by Wellington Dance Medicine.

***Please note, participation in Spring EYP is required by all pre-Professional students.**

- **Level 1**

Prerequisite: Completed Beginning C level, age 9+, or by invitation

Three days a week – 7 ½ hours

Level 1 students are expected to attend ballet class a total of three times a week. The ladies will be placed in a pointe track class and the young men will take a petite allegro class. Level 1 students will also learn and perform classical ballet repertoire. Level 1 students will also be placed in one strengthening and one ballet elective class and are welcome to register for one additional elective class per year. Dancers gain confidence as their ability grows. Students continue to develop extension of the legs, strength of the feet as well as more advanced barre and center work and port de bras throughout. Clean and strong execution of the basic elements of dance, correct alignment for turnout and pulling up as well as strong basis for future pointe work is emphasized.

- **Level 2**

Prerequisite: Complete Level 1 or by Invitation

Four days a week – 9-10 hours

Level 2 students continue to build on the technique developed in Level 1 and the ladies will continue their pointe training. Students will also learn and perform classical ballet Variations and Repertoire and may be invited to participate in select ballet competitions. Level 2 students will also be placed in one strengthening class and ballet elective class and are encouraged to register for one additional elective class per semester. Classes will focus on pointe work, pirouettes, use of the head and upper body, fluidity of port de bras as well as the intricacies of small and large jumps. In addition to Ballet and Pointe, students may be introduced to pas de deux.

- **Level 3**

Prerequisite: Complete Level Two or by Invitation

Five days a week – 12-13 hours/developed in Level 2. Training is more rigorous and is designed to prepare students for the advance level. Classes will focus on pointe work, multiple pirouettes, fluidity of movement as well as the intricacies of small and large jumps. At this level, students strong en pointe take a pas de deux class. Level Three students are introduced to additional dance techniques including jazz and contemporary and are encouraged to register for one additional elective class per semester. Tuition includes one added elective. Level 3 students may have the opportunity to learn and perform a classical variation and contemporary piece for select ballet competitions.

Advanced Program: Classical Pre-Professional Track

- **Level 4**

Prerequisite: Complete Level 3 or by Invitation

Five to Six days a week – 14+ hours

Level 4 students move into a more rigorous and demanding training program and is designed for those who have a strong mastery of pointe work with a desire to pursue ballet. This level will pay attention to fine details, use of the upper body, breadth of movement and expression as well as an increasingly advanced repertory of steps. Increase stamina & control, speed & precision, and clean & strong technique is focused on. These students will also be enrolled in Pas De Deux, a strengthening class and two electives. This level includes unlimited classes and all performance fees. Level 4 students may have the opportunity to learn and perform at YAGP or other select ballet competitions. Students in this level may also be invited to participate in special events like outreach shows and publicity events with the Kentucky Ballet Theatre Professional Company. Performance participation is required.

Intermediate-Advanced Pre-Pro Classical AM Supplementary

- Level 2 - \$1349 per semester
By invitation only
- Level 3 - \$1592 per semester
At will
- Level 4 - \$1774 per semester
At will

Upper intermediate through advance level students will have the opportunity to take an additional ballet and repertoire class one morning per week. During the professional company season, select students may be invited to understudy or be cast in select company performances. If cast, additional afternoon rehearsals may be required. These additional hours are optional but have been developed to give students preparing for a career in classical ballet the necessary experience and training to prepare them for the rigorous schedule and demands of the professional dancer.



ELECTIVE DANCE CLASSES

Academy Division Students

- One Class: \$174 per semester
- Two Classes: \$313 per semester
- Three Classes: \$436 per semester
- Four Classes: \$539 per semester

Open Division Students

- One Class: \$184 per semester
- Two Classes : \$325 per semester
- Three Classes: \$451 per semester
- Four Classes: \$556 per semester



ELECTIVE DANCE

CLASS DESCRIPTION

Character: This class contributes to the integral formation of the classical dancer and develops the character dances technique. It helps strengthen and develop the ligaments and articulations and promotes elasticity and muscle strengths. Increments the abilities of coordination, rhythms, musicality and creativity. It teaches the interpretations and differentiation of national styles. It develops corps de ballet work and stage elegance.

Variations 1: Students will learn a variety of variations from classical ballets which will require them to employ their ballet technique and focus on memorization of choreography. Intended for students in levels one and two. Students may be invited to participate in select competitions.

Variations 2: Students will learn a variety of variations from classical ballets which will require them to employ their ballet technique and focus on memorization of choreography. Intended for students in levels three and four. Students may be invited to participate in select competitions.

Modern: Students explore momentum, gravity, and force as they develop freedom of movement, fluidity, and balance. Enhance self-expression, versatility, and strength through this challenging and unique style. Open to students enrolled in Intermediate C-Advance and pre-professional levels 2-4.



Choreography: Students will learn the elements of how to choreograph a dance. Choosing music putting steps together, as a class, students will choreograph a piece for the EYP

Lyrical: Lyrical dance is a style that combines ballet and jazz dancing techniques. It is performed to music with lyrics so that it inspires expression of strong emotions the choreographer feels from the lyrics of the song. This style concentrates on an individual approach and expressiveness of a variety of emotions. It does not concentrate on the dancer's precision of movement. Movements are fluid, continuous, and graceful, with the dancer flowing seamlessly from one step to another with little or no stopping, holding finishing steps as long as possible. These movements help the dancer connect on an emotional level with the audience.

Classical Jazz 1: Students are introduced to the basic movements, body alignment and vocabulary of classical jazz. They will begin learning fun choreography set to a wide variety of fun, kid-friendly popular music. This class is designed to introduce students to the different styles of jazz. Open to students enrolled in levels Beginning A & B. Students preparing for SCAPA auditions may enroll in this class.

Classical Jazz 2: Students focus on improving body alignment, isolating body movements, and building their movement vocabulary while learning fun choreography set to a wide variety of fun, kid-friendly popular music. Open to Students enrolled in Levels Beginning C-Intermediate L-1.

Classical Jazz 3: Students focus on improving body alignment, isolating body movements, and expanding their movement vocabulary while learning fun choreography set to a wide variety of fun, kid-friendly popular music. Open to students enrolled in Levels 2 &3, who have completed Jazz 1, or by invitation.

Classical Jazz 4: Students focus on improving body alignment, isolating body movements, and expanding their movement vocabulary while learning fun choreography set to a wide variety of fun, kid-friendly popular music. Open to students enrolled in the advance levels or by invitation.

Tap 1: Increase control, coordination, and rhythm with this fusion of dance and percussion. This class emphasizes the development of tap technique & terminology with an introduction to various styles of tap. Students will explore coordination and steps including single time steps, beginning turns, short combinations, and showmanship along with rhythm and timing within a wide range of musical accompaniment. Open to Students enrolled in ages 8+ or by invitation.

Tap 2: Increase control, coordination, and rhythm with this fusion of dance and percussion. This class continues the development of tap technique & terminology. Students will further develop skills including musicality and sound clarity with an added focus on increasing speed and developing style. Beginning and Intermediate level tappers should expect to learn double and triple time steps, 3 & 5 beat riffs, pull-backs, pick-ups, more advanced turns, as well as more intricate rhythms.

Tap 3: Increase control, coordination, and rhythm with this fusion of dance and percussion. This class continues the development of tap technique & terminology. Students will further develop skills including musicality and sound clarity with an added focus on increasing speed and developing style. Intermediate level tappers should expect to learn double and triple time steps, 3 & 5 beat riffs, pull-backs, pick-ups, more advanced turns, as well as more intricate rhythms.

Intro to Tap & Jazz (Ages 5–7)

This upbeat combo class introduces young dancers to the fundamentals of both tap and jazz in a fun, age-appropriate format. Dancers will explore rhythm, coordination, and musicality through basic tap steps, while learning expressive movement, simple isolations, and beginner jazz technique.

The class promotes confidence, body awareness, and a love for dance in a playful and encouraging environment.

Musical Theatre

This high-energy class combines the core elements of singing, dancing, and acting to help students become confident and well-rounded performers. Students will explore scenes, songs, and choreography from Broadway musicals while learning proper vocal techniques, character development, stage presence, and expressive movement.

Musical Theatre encourages creativity, teamwork, and performance skills in a supportive environment. Ideal for students who love storytelling through song and dance, this class prepares dancers for both stage and studio settings.

Acro (Stretch & Flexibility Focus)

Designed for dancers of all levels, this introductory Acro class emphasizes stretching, flexibility, and strength-building exercises that support safe and strong movement in all styles of dance. While not a tumbling class, students will work on balance, control, body alignment, and mobility to enhance their overall technique and body awareness.

Perfect for dancers looking to improve range of motion, core strength, and injury prevention.



KBT Policies & Procedures

1. Students must present themselves with good behavior and manners. Discipline will be enforced. Please refrain from making personal comments. Talking negatively about other students is prohibited. This behavior is not tolerated, and the student may be asked to leave the Academy.
2. Be kind and helpful to others while at the studio.
3. Students are responsible for cleaning up after themselves in bathrooms, dressing rooms and studios.
4. No running or screaming at any time. Parents should keep their youngsters calm and quiet while in the waiting areas.
5. Refillable water bottles ONLY (no plastic bottles or open cups) are permitted in the studios. Gum, food, or drinks (other than water) are not allowed in the studios.
6. Students must be ready 5 minutes before class starts. Students constantly arriving five or more minutes late may be asked to observe class and take notes (if applicable).
7. If a student must be absent from class, a voicemail, email, or written message is required to be excused.
8. It is the student's responsibility to make up missed classes. Make ups are permitted within the student's level or the level below.

9. Students must adhere to the dress and hair code. Girls must have hair neatly pulled back and securely supported in a bun and wrapped with a hair net. The KBT uniforms can be purchased only at the Dance Biz store. Dance Biz will place the mandatory KBT logo on the dancewear. Tights should be clean and without holes. Approved warm-ups must be removed in the beginning of class.

10. Students must wear street clothes or cover-ups over their dancewear when arriving and leaving the studios or performance venues.

11. All jewelry must be removed before class. Only small earrings are allowed.

12. Cellphones are not permitted in the studios during class or rehearsals.

13. KBT is not responsible for lost items. If a student finds a lost item, he or she should put it in the lost/found box or bring it to the office immediately. Please make sure that shoes, leotards, and tights have the student's name written on the garment tag.

14. Students may be moved from one level to another if necessary. When considering a level change, the staff will not only evaluate the student's technical capabilities and improvements, but also their behavior, commitment, and reliability. Age is used only as a placement guide but does not solely determine a student's level.



15. . Students who participate in performances must attend at least 95% of rehearsals. If a student must miss a rehearsal, it's his/her responsibility to catch up and learn choreography on his/her own. A student who misses more than 5% of rehearsals without notice or permission may be removed from the performance. This rule will be strictly enforced to ensure the quality of our Academy and Company performances.

16. Students are required to wear skin color camisole leotards and/or appropriate undergarments under all performance costumes. **NO EXCEPTIONS.**

17. KBT uses the software "Dance Studio Pro" for managing all student accounts. Parents are responsible to check your account regularly to make sure your payments have been made and are on time.

18. Refunds are given for serious medical conditions only with documentation from physician.

19. Tuition payments are due on the 15th of every month. **Any payments not made by the third day after payments are due will be charged a \$25 late fee.**

20. KBT Office Staff will make **3 attempts** to collect late payments. After the third attempt with no contact, the student will not be permitted to take class until thier account has been settled. PLEASE, if you think you need to make a late payment, contact our office right away.

21. **Parents are not permitted inside of the studio during rehearsals** unless for specfic volunteering needs approved by the Academy Director.



20. There will be a \$20 late fee automatically applied after a 3-day grace period. After 7 days, if you have not contacted our office to make payment arrangements, your student will not be permitted in class until their account is made current.

21. Students may not be dropped off more than 15 minutes before their class time unless permission has been granted.

22. All students must be picked up on time, which is within 15 minutes after their class is over. **A babysitting fee of \$30 per half hour will be charged after that.** If parents are 30+ minutes late and cannot be reached, we may call the police, as this is considered child neglect.

23. Observation Week is required for parents or any member of the family. Students will be evaluated once during second semester. The teacher will provide the parents with an evaluation form, and a parent-teacher conference can be scheduled. If you need to schedule a conference at any other time, please call or email admin@kyballet.com to schedule. Refrain from asking to meet with the teacher or the academy director before class or rehearsal.



PERFORMANCE POLICY

The Kentucky Ballet Theatre offers its full-time Academy student's opportunities to perform several times throughout the year. Students enrolled part-time or in the open division may be invited by the Artistic Director to audition or participate in select shows.

Select company shows, including but not limited to, "The Nutcracker," "Night Before Christmas" and "The Wizard of Oz," and "The Little Mermaid," are open to all Academy students from the Creative Movement 2 through the Advanced levels. All students who audition for these shows will receive a part based on their ability, not age or level.

Additional performance opportunities with the company are open to students in the Pre-Professional tracks and select Academy Division levels by audition only. These include, but are not limited to, "Dracula," "Peter Pan" and "Sleeping Beauty." Auditioning for these productions does not guarantee a role. The Artistic Director reserves the right to invite additional students to participate at his discretion.

All casting is made by the Artistic Director and is final. All company productions are separate from the Academy and, therefore, the teachers and Academy Director do not have the authority to discuss casting decisions with families. Performance fees will apply.

Students who participate in Academy or company performances must attend at least 95% of rehearsals. If a student must miss a rehearsal, it's his or her responsibility to catch up and learn choreography on his or her own. A student who misses more than 5% of rehearsals without notice or permission can and may be removed from the performance.



End-of-the-Year Performance (EYP)

The EYP is a performance designed especially for the students of The Kentucky Ballet Theatre Academy. Each level performs a ballet piece which showcases what they have learned throughout the year. The students in the Advanced & Pre-Professional levels perform an excerpt from a Classical Ballet. In addition to each level's ballet piece, the EYP features students in a wide range of dance styles offered in the Elective Dance classes. Dancers will learn choreography during class time that will be presented on stage as part of the performance.

As an important aspect of the training offered at KBT, all students enrolled are encouraged to participate in the annual EYP. Students are charged a costume fee that includes 2 tickets to the performance as well as a digital copy of the performance. Graduating students will receive 4 tickets. EYP rehearsals will begin during the students' classes during Spring Semester. There is a production week schedule in which all students are required to attend to learn an Academy-wide dance, the Defilé. All rehearsal rules and etiquette must be followed. These rehearsals are mandatory unless pre-approved.

Competitions/Festivals/Company Performances

Pre-Professional Division students may be invited to participate in select competitions such as the Youth American Grand Prix (YAGP) as well as other KBT Company performances or events. Participation in select competitions is by invitation only. KBT students invited to participate must read and understand the KBT policies for participation before signing up.



Youth America Grand Prix (YAGP) is the world's largest student ballet scholarship competition that awards over \$250,000 annually in scholarships to dance schools worldwide. The competition is for dancers ages 9-19, as of January 1st of the competition year. The competition is broken down into three divisions: pre-competitive- ages 9-11, junior- ages 12-14, & senior - ages 15-19.

YOUTH AMERICAN GRAND PRIX

KBT Students interested in participating in YAGP or any other select ballet competitions must read and understand the policies before signing up to participate.

1. Participation in Competitions is by invitation only. If you have not been contacted by the Academy Director, Rafaela Risco, but are interested in competing in the current year or in a future year, you must talk to Ms. Rafaela directly before making any plans.
2. Once approved, the parent/student are required to register the dancer at yapg.org.
3. Dancers will typically take 1-2 pieces, either 1 classical variation and 1 contemporary or 2 classical according to the parent's discretion. Select dancers may also be invited to participate in an ensemble number.
4. Before any coaching or lessons will begin, there will be a parent meeting. This is mandatory-- dancers are encouraged to attend with their parent. This meeting will go over the expectations clarification about fees and plan for the season.
5. Each coach and variations will be assigned/approved by Ms. Rafaela.



6. Fees: The fee to participate will be discussed at the parent meeting. These fees will include several private coaching sessions to set and rehearse the variations and then semi-private classes to continue rehearsing in preparation. Depending on the number of participants, only a select number of coaches will attend the competition. Parent's are responsible to cover the travel costs of the director/coaches. The travel costs of the director/coach(es) will be determined once everyone is confirmed. If the student/coach feel the need for additional private lessons, they must be approved by Ms. Rafaela.

7. Costumes: The parent is responsible to purchase, make, or rent the appropriate costumes as determined by Ms. Rafaela.

8. If a student is not ready to compete or is not progressing as they should, Ms. Rafaela reserves the right to pull them from the competition at any time. Fees are non-refundable, so students must understand what is expected to participate.

9. If a dancer chooses to participate after being pulled or without being invited, they must go as an independent and not list KBT or KBT coaches as part of their registration.



ACADEMY

DRESS CODE

The student dress code or uniform maintains the tradition and aesthetic of classical ballet. Therefore, appropriate class attire is required. Please carefully review the following uniform requirements listed for your child's class level. Students dressed inappropriately for class will not be allowed to participate -- but will remain in the studio and observe.

1. All girls must come to class with hair up in a tight bun – no excuses. **NO JEWELRY ALLOWED.**
2. It is mandatory that every uniform have the KBT logo embroidered. All students must come to class with the corresponding dress code for their level.
4. It is advisable for students to have their name on the tag of leotards, tights & shoes.
5. Uniforms must be purchased at Dance Biz. KBT students will receive a 10% discount. Dance Biz is located at 2535 Nicholasville Rd., Lexington, (859)276-4900."



Dress Code

Children's Division

Beginner's Level

Creative Movement 1 & 2

- uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers

Pre-Ballet 1

- uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers

Pre-Ballet 2

- Uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers
- Optional: yoga mat

Beginning A

- uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers
- with ribbon
- yoga mat
- Optional: KBT warm-up
- jacket

Beginning B

- uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers with ribbon
- yoga mat & thera band
- Optional: KBT warm-up jacket

Beginning C

- uniform leotard
- ballet skirt
- pink ballet tights
- pink ballet slippers with ribbon
- black character shoes and skirt
- yoga mat & thera band
- Optional: Yoga Mat



DRESS CODE

Academy Division



Contemporary Track

Pre-Professional Level C1

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- yoga mat
- Optional: KBT warm-up jacket

Pre-Professional Level C2

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes if approved by Academy Director
- yoga mat & thera band
- Optional: KBT warm-up jacket

Pre-Professional Level C3

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes if approved by Academy Director
- yoga mat & thera band
- KBT warm-up jacket

Pre-Professional Level C4

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes
- yoga mat
- KBT warm-up jacket

DRESS CODE

Academy Division



Classical Track

Pre-Professional Level 1

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- yoga mat
- Optional: KBT warm-up jacket

Pre-Professional Level 2

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes if approved by Academy Director
- yoga mat & thera band
- Optional: KBT warm-up jacket

Pre-Professional Level 3

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes if approved by Academy Director
- yoga mat & thera band
- KBT warm-up jacket

Pre-Professional Level 4

- uniform leotard
- pull-on skirt
- pink seamed ballet tights
- pink ballet slippers with ribbon
- black character skirt and shoes
- pointe shoes
- yoga mat
- KBT warm-up jacket

Boys: All Levels

- white uniform shirt
- black shorts
- black or white socks
- black or white ballet shoes

DRESS CODE

Auditions

- Girls & Boys in the Creative Movement through Beginning A levels must wear their class uniform.
- Girls in Beginning B through the Advanced levels must wear any black leotard. Hair must be in a neat bun.
- Boys may wear any white t-shirt and black bike shorts or tights.

Dress Code for Rehearsals

- Girls in all levels may wear any color leotard. Skirts, shorts and warm-ups are allowed.
- Boys in all levels may wear any color t-shirt and shorts or tights. Warm-ups are allowed.
- Hair must be in a neat bun.

Rehearsals

Rehearsals both at the studio and at the venue can be long with waiting time for all dancers while different groups are rehearsing. Snacks and appropriate activities are allowed, but with the following guidelines.

1. Only water bottles are allowed in the studios/venues. No open cups or food.
2. No electronics in the studio where rehearsals are taking place. Students are encouraged to sit and watch others practice, which is a great learning experience.
3. There is to be no running or roughhousing in any of the studios/venues or dressing rooms.
4. Performing is a privilege and a great opportunity for everyone involved. These rules will be strictly enforced to ensure the quality of our Academy and Company performances.



PARENT'S ASSOCIATION



The Kentucky Ballet Theatre ("KBT") Board of Directors invite you to participate in a Parents Association ("PA") to work together to further the success, development and visibility of KBT.

Parents Association Definition An organized group of volunteer parents of the Kentucky Ballet Theatre Academy students, who believe in the non-profit's mission and vision in order to benefit the professional company, its academy and the communities in which all involved live and work.

"Goals and Objectives

- Kentucky Ballet Theatre's goal of starting a Parents Association is to mobilize some of its best advocates, KBT parents, to assist the organization overall, and to enhance the Professional Company, Academy, special events, productions, and fundraising activities.
- The Parents Association is purely a volunteer group within the overall non-profit KBT organizational structure.
- The PA will be coordinated by an active parent who will be selected as Parent Coordinator by the KBT Board. The Parent Coordinator selected this year is Jennifer Reed.
- The Parent Coordinator, will work in conjunction with the PA Chairperson, Academy Director, Executive Director and the KBT Board President or other Board designee, who will act as a liaison between the PA and the Board."

"Chairperson

- Chairperson shall be approved by the Board of Directors.
- The Chairperson may appoint additional committees and work groups for independent projects, and to provide assistance with social or special events that benefit KBT areas of need.
- The Chairperson shall have any KBT expenditures approved by the Board of Directors.
- Items from the PA that need consideration by the Board of Directors shall be forwarded from the Parent Coordinator to the Chairperson to give to the Board President directly. Requests by parent members not following this procedure will not be considered."

PARENT'S ASSOCIATION

"Parent Coordinator

- The Parent Coordinator will work with the Chairperson to coordinate parent volunteers to assist with the existing KBT Committees.
- The Parent Coordinator will schedule PA meetings and other activities at his/her discretion.
- Parent Coordinator shall coordinate all communications. He or she can answer questions when necessary and forward information on to the Artistic Director, Academy Director, Executive Director or Board President.
- The Parent Coordinator will stand in the place of the PA Chairperson when the CP is unable to attend PA meetings."

"Parent Association Reminders

Occasionally, materials are needed by the Parents Association. Board President/liaison, Executive Director or Office Manager can provide the necessary documents to the Chairperson, who will then distribute them accordingly. (Season ticket forms, sponsorship materials)

By agreeing to work with or on the Parents Association volunteers recognize and accept that there shall no additional benefit for their child or family at any time.

The purpose of the Parents Association is not to function as a complaint department. Any issues regarding artistic differences or production roles are off limits for discussion by the PA.

Those individuals interested in volunteering in the Parents Association will be asked to read and sign this document signifying their understanding and acceptance of their role within the PA.

Parents of KBT Scholarship students are encouraged to volunteer with the PA."



PARENT'S ASSOCIATION

"Committees

The following are examples of current KBT Committees that are functioning at this time.

Marketing Committee

- Promotion development
- Poster hanging & postcard distributions
- Photography
- Social Media marketing
- Print materials

Development Committee

- Season ticket sales/ individual ticket sales
- Sponsorship
- Fundraising
- Donations

Special Events Committee

- Planning (ie: season kickoff party)
 - Volunteer sign ups (ie: parade)
 - New program development - academy and company
 - Coordinating Refreshments
 - Promotions enactment
- ### . Operations Committee
- Theatre volunteer sign up
 - Studio assistance (filing / organization/mailings)
 - Studio decor
 - EYP & Production needs (flowers etc.)
 - Costume Assistance

Boutiques

- Assist coordinator in selling items the days of the performances

Fundraisers

- Kroger Community Rewards Program
- Other Fundraisers during the year"

PARENT'S ASSOCIATION

There will be many volunteer opportunities for parents, including but not limited to;

- Fundraising (Kroger program, Boutique at performances, International Dinner)
- KBT Apparel and Performance T-shirt Sales
- EYP (ie: Theatre sign-in, flowers)
- Performance/Rehearsal Supervision at Lexington Opera House
- KBT Office Administration (ie: Assisting Jennifer in the office with mailings, filing etc.....and help clean up common areas in the studio)
- Donations- monetary or items for productions and/or studio
- Marketing for Productions (distributing posters, post-cards)
- Costume Assistance during rehearsals/performances
- Parent Directory
- Teacher Appreciation Day
- Additional KBT student activities

Additional Notes:

The KBT-Parent Coordinator will use Sign-Up Genius to coordinate volunteers when applicable and the Remind app to send out reminders to parents and staff.

The KBT-Parent Coordinator Chair will create a Private Group on Facebook for Academy Parents to "join" for updates, reminders etc... that apply to the KBT Academy."

STUDENT DROP OFF & PICK UP LINE

All pick up and drop offs must be take place at the KBT lobby door. The KBT carline should not be formed no earlier than 5 minutes before the end of class.

Creative Movement, Pre-Ballet, and Beginning A Students: Parents will pull into the carline, and once at the lobby door, exit their vehicle, and come enter the KBT lobby to pick up their child and walk them to their car. KBT Staff will be present to monitor this process.

Beginning B, Beginning C, C1-L1, C2-L2, C3-L3-C4-L4 Students: These students will be released from class to wait in the lobby. Once their parent/pick up person pulls up to the lobby door, they will then walk out and get into their car. KBT Staff will be present to monitor this process.

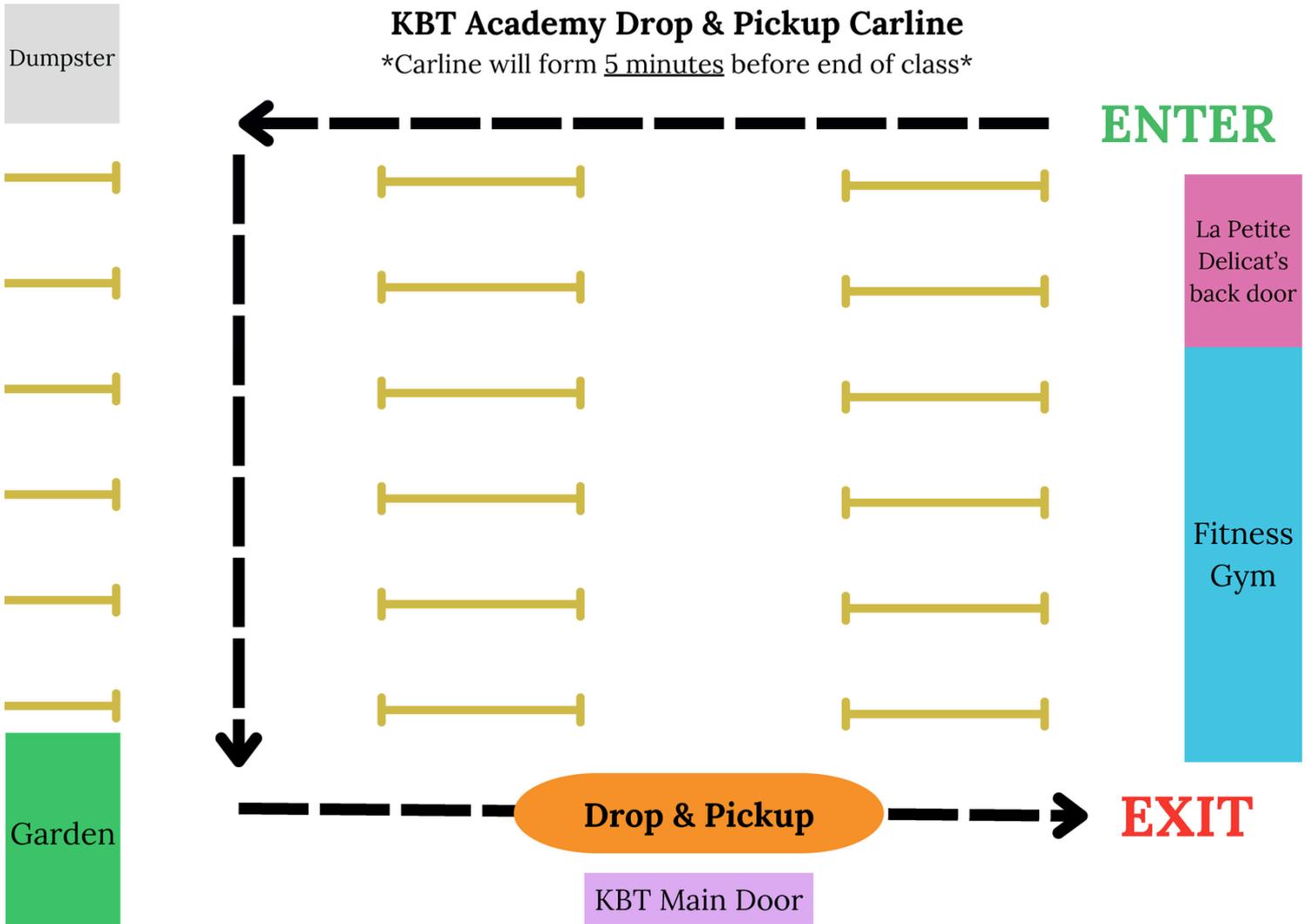
Driving Students: Will need to wait until all other students have exited the building and the carline has cleared before walking to their car.

Early Dismissal & Sick Students: In the event, a parent is contacted, either by their student or KBT Staff, to be picked up early or if a student needs to be dismissed early, the KBT pick-up guidelines should be followed.

KBT Staff appreciates your attention and cooperation in this matter as we strive to create a safe environment for all. If you have any questions or concerns, please reach out to KBT Staff by emailing admin@kyballet.com.

The safety of our students is our highest priority. Failure to comply with drop-off and pick-up safety rules will result in disciplinary action, ranging from verbal warnings to dismissal from the academy, depending on the severity and frequency of violations.

STUDENT DROP OFF & PICK UP LINE





Kentucky
Ballet
Theatre
Lexington, KY



Information in this handbook is subject to change.